

# Healthy Franklin County Leadership Nutrition Task Force

**Wednesday, November 8, 2017 at 1:30 PM-3:00 PM**  
**Sentry Building Board Room**

Members: **(Bold were present at meeting)** Cindy Ash, James Bailes, Lenelle Bear, Kristi Benbow, Tiffany Bloyer, Cressa Coldsmith, Kari Coleman, Rayna Cooper, Heather Diehl, Julia Emig, Rev. Peter Emig, Denise Esser, **Jay Eury, Nickie Fickel**, Cindy Fink, Maryann Gaulding, Sarah Glunz, Elizabeth Grant, Sarah Hamel, Audrey Hess, **Barb Houpt, Karen Johnston**, Jack Jones, Kathi Jones, Geof Lambert, Julia Lehman, Jan Lewis, Heidi Lucas, Diana Marthouse, **Chris Mayer**, Josh Mosley, Steve Nevada, Nicole Nicholson, Tanya Nitterhouse, Sonja Payne, **Noel Purdy**, Ben Raber, Jon Raber, Heather Rosenberry, Barbara Rossini, Donna Scherer, Steven Schmidt, Jeanne Shultz, Sheryl Snider, Ann Spottswood, Judy Stenger, Tom Stenger, Isabel Stennett, Kiana Taylor, Christy Unger, Stephanie Unger, Cathy Wallick, Peggy Wing, **Lori Young**, Ann Ziobrowski

Topic	Discussion	Action
Welcome/ Member Updates	<p>Nickie welcomed the members and introductions were made.</p> <ul style="list-style-type: none"> <li>• Nickie Fickel reported that Summit Health is partnering with Head Start on the Eat Well Play Hard program. Planning is underway for National Nutrition month in March.</li> <li>• Heather Diehl introduced herself as the new Director of Health &amp; Nutrition for Franklin County Head Start</li> <li>• Karen Johnston reported that HCP completed the Kids Power of Produce (POP) program. Data will be compiled in the upcoming months.</li> <li>• Chris Mayer reported that Wilson/Healthy Eating Adventure started a new adventure in Shippensburg in October. There are 3 adventures planned for the upcoming year – one in January at Penn National, one during the summer at Wilson College, and one in the fall. Wilson is also hosting a Building Safe and Healthy Communities workshop on November 11.</li> <li>• Barb Houpt reported that the Chambersburg YMCA started the first Live Strong at YMCA program for cancer survivors. There are 19 people on a waiting list for the next program. They are also holding PreventT2 classes.</li> <li>• Lenelle Bear from Penn State Nutrition Links introduced herself as the new representative for our area. She reported that they are advertising for a Nutrition Education Advisor vacancy in Adams County.</li> <li>• Noel Purdy reported that Healthy Franklin County continues to update community health improvement action plans for the task forces. The Events Calendar on the HFC Website is up and running and open to partners to add events. They are also working on building a community distribution list.</li> <li>• Jay Eury reported that the Gleaning season is winding down.</li> </ul>	

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	<p>Approximately 130,000 pounds of food was harvested this year with the help of 600 volunteers who contributed 1000 hours. Fifty farms and gardens participated with distribution to 35 to 40 locations.</p>	
<p>Review Scorecard/Yr 2 Action Plan</p>	<p>Nickie reviewed the current scorecard/action plan.</p> <ul style="list-style-type: none"> <li>• Karen noted that data is missing from 2.2.1.1. Nickie and Noel will update the information.</li> <li>• The task force discussed the best way to capture data for 2.2.1.2. – publicize partnering organizations activities and events. Noel suggested that the HFC Website Events Calendar could be used as a means of capturing information. The committee agreed with this suggestion.</li> </ul>	
<p>Work Group Updates</p>	<p><b>Garden Workgroup</b> – Noel Purdy reported for the Food Insecurity workgroup. She reported that they will be focusing on a community garden interest survey at the Housing Authority in Waynesboro. An intern will be starting in January that will work on this project. They are also partnering with Network Ministries to support the expansion of their community gardens. Connections were made with the Career Center and also Lowes to discuss possible programs they could partner with. They will also be piloting a skills training workshop for gardening with Network Ministries. The workgroup is also working with the Master Gardeners to develop programs from January through April and they continue to work with the schools to connect resources for community gardens.</p> <p><b>Food Insecurity Workgroup</b> – Jay Eury reported for the Food Insecurity workgroup. The nutrition resource map is up and running. The workgroup will now review the map to determine what it can be used for, what is missing, and what can be added. The four areas of focus are emergency need, healthy supplemental food supports, long-term increased availability of affordable food, and poverty. He also reported on the food scaleup project which included recovering fresh food from the North Square Farmers Market and delivering it to low-income neighborhoods.</p>	
<p>CASD Wellness Committee</p>	<p>Karen Johnston reported that she and Nickie have been attending the Wellness Committee meetings. The focus of the Wellness Committee is nutrition. The meetings have centered on changes to the nutrition and food policies and ways that changes can be communicated. Karen suggested inviting members of the Wellness Committee to the January Nutrition Task Force meeting to discuss ways the task force could partner with the Wellness Committee.</p>	
<p>Nutrition Block Parties</p>	<p>The task force discussed ways to help support nutrition block parties. Collaborating with organizations to sponsor a block party was suggested, as well as piggybacking on existing events. Noel Purdy will research development of a toolkit. At the next task force meeting, the committee will identify three potential groups to sponsor nutrition block parties.</p>	

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Next Meeting (s)	<p><b>Garden Workgroup:</b> Wednesday, December 13, 2017, 1:30-2:30 PM, Sentry Building, 785 5<sup>th</sup> Avenue, 1<sup>st</sup> Floor Board Room</p> <p><b>Food Insecurity Workgroup:</b> Wednesday, December 13, 2:30-3:30 PM, Sentry Building, 785 5<sup>th</sup> Avenue, 1<sup>st</sup> Floor Board Room</p> <p><b>Nutrition Task Force (Full meeting):</b> Wednesday, January 10, 2018, 1:30-3:00 PM, Sentry Building, 785 5<sup>th</sup> Avenue, 1<sup>st</sup> Floor Board Room</p>	