

Physical Activity Task Force Meeting

Tuesday, November 21, 2017 • 3:30—4:30 p.m.

Summit Health Building

Members Present: Nickie Fickel, Barb Houpt, Shannon Lee, Heather Myers, Noel Purdy, Ann Spottswood, Christy Unger

Topic	Discussion	Action
Welcome	Heather Myers called the meeting to order and welcomed the members.	
Minutes	The minutes from the September 19, 2017 meeting were approved.	Minutes approved
Work Group Updates	<p>The workgroups reported updates since the last meeting:</p> <p>Community Engagement: Heather Myers reported for the Community Engagement workgroup. She noted that the Community Walking Parties team is merging into the Community Engagement workgroup. Data was shared from the spring and fall Community Walking Parties. Discussion was held about channeling the walking parties to other groups such as CFAR, CRAWL, Beer Runners, and Mall Walkers. The workgroup is looking for a co-facilitator and is also working on setting a new meeting day that will accommodate most schedules. They are also waiting to hear about the grant application that was submitted to Franklin County Tourism & Quality of Life Enhancement for the route booklet.</p> <p>Built Environment: Noel Purdy reported for the Built Environment workgroup. At the last meeting the workgroup reviewed the work plan. She noted that the review of policy and ordinances has been completed and recommendations will be made based on the findings. Franklin County will have an intern who will be working on an inventory and mapping of recreational assets including parks, playgrounds, fitness centers, and amenities. Christy Unger noted that HCP has similar information from a project they did and will forward it to the workgroup. The workgroup spoke with Andy Mowen regarding updating the open space and recreation plan. They are also researching a feasibility study on bike library programs.</p>	HCP will forward inventory information to workgroup
Scorecard Update	Noel Purdy reviewed the task force action plan. The workgroup is keeping the same goals and objectives from the previous year. Discussion was held regarding developing worksite Wellness Toolkits and what they would look like.	
Partner Updates	<p>HCP: Christy Unger reported that the Go Girls Go 5K was held on October 28 with 207 runners participating. The program is reviewing running routes and exploring revamping the program. The program is expanding to Waynesboro and is researching expanding sites and offering stipends to start new groups. She also reported that Ben Chambers is interested in a Go Boys Go program.</p> <p>Waynesboro YMCA: Shannon Lee reported that they are midway through the first LiveStrong program. Another session will begin in March 2018. Upcoming programs include Choose To Lose and Maintain, Don't Gain. They are also offering a free membership to seventh graders as part of a seventh grade initiative.</p>	

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	<p>Healthy Franklin County: Noel Purdy reported that policy and procedure guidelines were adopted at the last Healthy Franklin County Leadership meeting. The newly formed Governance Committee will start in January. An ad hoc committee on Diversity, Inclusion, and Discrimination was also formed and will be conducting research to see what our community is doing to address these issues. The current membership policy is also being reviewed and preliminary planning is beginning for the 2018 CHNA.</p> <p>Chambersburg YMCA: Barb Houpt reported they are in week 8 of the Live Strong program. Upcoming programs include Healthy Steps in Motion and they are researching Rock Steady Boxing, which is a program focused on Parkinson Disease.</p> <p>Summit Health: Nickie Fickel reported that upcoming programs include PreventT2 in Waynesboro and Get Fit Now in Chambersburg and Waynesboro. Ann Spottswood reported that the Holiday Wellness Program is currently underway and is going well.</p>	
Future Meetings	<ul style="list-style-type: none">• The next Physical Activity Task Force meeting is scheduled for January 16, 2017 at Summit Health Building 2, 12 St. Paul Drive, Second Floor Conference room from 3:30-4:30 p.m.• The next Community Engagement meeting is to be determined.• The next Built Environment meeting is scheduled for December 12, 2017 at the Franklin County Annex Building.	