

Physical Activity Task Force Meeting

Tuesday, July 18, 2017 • 3:00—4:30 p.m.

Summit Health Center, 2nd Fl Conference Room

Members Present: Jim Boyer, Nickie Fickel, Melanie Furlong, Hugh Graham, Sarah Hamel, Barb Houpt, Heather Myers, Noel Purdy, Guy Shaul, Ann Spottswood, Sam Thrush, Christy Unger

Visitors: Bailey Bzdak, Logan Myer

Topic	Discussion	Action
Welcome	Noel Purdy called the meeting to order and welcomed the committee. She announced the new co-facilitators of the Physical Activity Task Force – Heather Myers and Sam Thrush. Group introductions were made.	
Minutes	Heather Myers asked for approval of the May 16, 2017 minutes. Noel Purdy motioned for approval, seconded by Nickie Fickel. All were in agreement.	Minutes approved
Work Group Updates	<p>The workgroups reported updates since the last meeting:</p> <p>Built Environment: Sam Thrush reported for the Built Environment workgroup. The workgroup last met on July 12. At the last meeting, Sam distributed and reviewed a handout of the Franklin County planning document. He reported that work continues on the trail mapping connectivity project. A printout should be ready for the next meeting. The land ordinance review project should begin in August. The workgroup was asked to review the first draft of the Chambersburg Bike & Pedestrian Plan. The goal is to submit the plan to Borough Council for approval by the end of the year. Sam and Hugh Graham reported on the recent bike rodeo sponsored by the Franklin County Bicyclists group. The event was successful with about 20 children attending.</p> <p>Community Engagement: Christy Unger reported for the Community Engagement workgroup. The workgroup is working on updating their Action Plan. Work continues on the walking/running guide. The workgroup continues to support the Community Walking Parties and is discussing ways to improve attendance and reach a different population. Discussions were also held regarding ways to support and expand the Go Girls Go program. The program is in need of more volunteers. Talks are underway to pilot the prescription for physical activity program with local physicians.</p>	
Scorecard Update	Noel reviewed updates for the Physical Activity Year One Action Plan. Discussion was held regarding Year Two Action Plans. Noel will work with the workgroups and facilitators on the Year Two plan and will present the finalized plan to the Task Force for approval. Workgroup members indicated they would like to be included on communications from both workgroups in order to stay informed of current activities and updates.	
Partner Updates	<p>Franklin County: Sam Thrush reported for Franklin County. The County will be releasing the 2017 Tourism Quality of Life Enhancement Grant which will be open to the community for projects. He noted there is money available for walking or biking programs.</p> <p>Chambersburg YMCA: Barb Houpt reported for the Chambersburg YMCA. The YMCA has been accepted into the Live Strong Program, a 12 week program for cancer survivors. They are currently looking for fitness instructors. The program will begin October 1. Barb noted that the Waynesboro YMCA was also accepted into the program.</p>	

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	<p>HCP: Christy Unger reported for HCP. HCP will be sponsoring the Go Girls Go program at Ben Chambers, CAMS North, and James Buchanan for 5th and 6th graders. They are looking for mentor volunteers. The program will start at the end of August and run for 9 weeks. The 5k race and fundraiser will be held October 28.</p> <p>Summit Health: Ann Spottswood reminded the task force members of the opportunity to apply for Summit Endowment ACI grants in the amount of \$2,000.</p>	
Future Meetings	<p>The facilitators suggested changing the start time of future Physical Activity Task Force meetings to 3:30. All members were in approval. The next meeting will be held at the Chambersburg YMCA on September 19 at 3:30 p.m.</p>	