

Healthy Franklin County - Physical Activity Task Force
Built Environment Work Group
Wednesday May 10, 2017 – 10:00 – 11:00 AM

Meeting Minutes

Present: Sam Thrush, Maria Misner, Graham Hugh, Ann Spotswood, Noel Purdy.
Absent: Elizabeth Grant, Guy Shaul, Melanie Furlong, Katie Hess, Elena Kehoe

Sam gave an overview of Healthy Franklin County and its role in the Community Health Needs Assessment, which is updated every three years. He explained current HFC structure, task forces and work groups.

The group reviewed the Mark Fenton presentation which led to some discussions regarding trail connectivity and development, policy changes and tourism promotion. Noel shared with the group that one of her roles as Project Manager for HFC is to create a marketing and communications strategy that promotes the great things that are happening throughout Franklin County.

Sam led a review of the project plan:

- Conduct review of planning efforts in F.C. 50%
- Conduct inventory of existing facilities for physical activity in F.C. – not started however, Noel will reach out to Andy Mowen, to discuss possible project resources within Penn State.
- Conduct trail mapping workshop to prioritize trail networks and conduct gap analysis for F.C. : Workshop scheduled for May 30; mapping 75%;
 - Explore waterway trails (for future); Conococheague Kayakers fb group a resource
- Research model ordinances, plans and strategies to incorporate healthy communities by design; the County is looking to hire an intern to do this work this summer
- Evaluate unmet needs with respect to physical activity support in geographically isolated areas in Franklin County; no update.

The group discussed how to measure success and outcomes of their efforts in the short term and long term. In the short term, it's good to measure progress on tasks and projects, as the work being done is "foundational". We will want to be mindful of identifying and measuring indicators that help improve health outcomes as the work group evolves; 3-5 years from now. The work group is doing great right now. Noel has shared some tools with Sam and Elizabeth that we can revisit when we are ready to.

The group also discussed ways to influence policy makers through networking, education and various forms of citizen engagement.

Tasks:

- Sam to reach out to Shippensburg U. professor re: sitting on committee

- Noel to reach out to Andy Mowen re: inventory of existing facilities for physical activities
- Noel to connect Maria with Physical Activity task force and walking parties coordinators
- Tyler Fairchild (Park and Rec Authority Shipp/South Hampton) and Stacy Wickard (secretary) were identified as possible committee members for built environment or Physical Activity Task force
- Sam to discuss new/standing meeting date with Elizabeth – 1st Wednesday of the month in the afternoon
- Someone to follow up with Carlisle or Gettysburg re: studies post road diets