

Healthy Franklin County
Physical Activity Task Force
Community Engagement Work Group
Monday, October 9 , 2017

Meeting Minutes

In attendance: Barb Houpt (Chambersburg YMCA), Jon Raber (SCCAP), Heather Myers (Summit Health), Noel Purdy (Healthy Franklin County)

Absent: Jim Boyer, Christy Unger, Shannon Lee, Samantha Stratton, Cherry Arvin

Transition: Christy Unger will be stepping down as co-facilitator. The group will evaluate interest from other committee members.

Heather reported that she had done a bit more research on [Docs in the Park program](#) however, a scheduled meeting fell through that was planned with the Frederick County Park and Recs Director.

Noel and Heather reported that the Physical Activity Task Force had updated its action plan for 2017-2018 and built environment committee was meeting this week to go over it as well as their work plan. The group recommended that the new activity to assess feasibility of a bike share library program be housed in the built environment group. PA commuter services may be a good partner. Another activity added to the work plan is to research and inventory existing programs and new opportunities to increase youth physical activity.

The group discussed the walking parties and planning for the winter series. In order to sustain the program we need to start cultivating volunteer leaders to be involved with planning; Deb Heckman may be a good prospect. Noel said that Cherry shared some grant opportunities from a national walking group. Barb said she would incorporate the walking program into the Live Strong program—which meets Tues/Thursday. The group suggested reaching out to the CFAR/CRAWL group to learn about their program and get them on the HFC events calendar.

Noel said we will hear about the Country grant by the end of the year.

Next meeting: Monday, November 13, 2017.