

Community Garden

Resource Guide



HEALTHY
FRANKLIN COUNTY

Table of Contents

Introduction & Background.....	3
Local Resources (construction & materials and gardening supplies).....	4-5
Other Resources (technical assistance, toolkits, fundraising, resources).....	6
Starting a Community Garden TIPS.....	7
Community Gardens in Franklin County.....	8-9
Sample Forms.....	10-13
Planting Calendar (Farmer's Almanac).....	14-15
The Big Picture.....	16
Acknowledgements.....	17

Introduction & Background

The Healthy Franklin County Community Garden Work Group organized in the summer of 2016 to address nutrition, as it was identified as a priority in the 2015 Community Health Needs Assessment and 2016 Community Health Improvement Plan. The community garden work group works to bring neighborhoods together to provide a sustainable food source for easy access to fresh fruits and vegetables, expand community engagement, strengthen economic development, utilize our collective resources to help sustain existing community gardens and assess the potential to develop new gardens.

Soon after formation, the community garden work group conducted a community garden interest survey. Over 320 individuals responded to the survey which indicated overwhelming support for the concept of community gardening.

Community Garden Interest Survey Snapshot:

- 89% of respondents are interested in growing vegetables, 63% herbs and 38% flowers.
- The top reasons for participating in a community garden are access to fresh vegetables 66%, community involvement 52%, learning more about gardening 40%, saving money 38%, socializing/recreation 42%.
- 53% of respondents would spend 1-2 hours per week in a shared garden; 20% would spend 3-4 hours per week and 5% would spend 5 or more hours a week.
- 52% of respondents would be interested in volunteering at a community garden.
- 57% of respondents would like to see a community garden in their downtown, 55% would like to see them in parks and trails and 44% would like to see them in their neighborhoods.
- 15% of respondents were age 25-32; 32% of respondents were age 33-35; 24% of respondents were age 46-55; 16% of respondents are 56-65.

Since completion of the survey, the community garden work group has created a community garden inventory and map and has started to work with area groups and organizations to assist them with planning, starting or expanding a community garden, which is why the work group created this resource guide.

For more information about Healthy Franklin County, visit www.healthyfranklincounty.org.

Local Resources

Construction & Materials

Lumber

- GISH Logging – 4980 Path Valley Rd, Fort Loudon, PA 17224 **(717) 369-2783**
- R.A. Hill – 1364 Lincoln Way E, Chambersburg, PA 17202 **(717) 264-7413**
- Lowes – www.lowes.com
 - 1600 Lincoln Way E, Chambersburg, PA 17201 **(717) 709-1900**
 - 12925 Washington Twp Blvd, Waynesboro, PA 17268 **(717) 387-4000**

Hardware

- Franklin Pet Hardware – www.franklinhardwareandpetcenter.com
1975 Philadelphia Ave, Chambersburg, PA 17201 **(717) 263-2624**
- Stouffer's True Value Farm & Hardware www.truevalue.com/stoufferstruevalue
1060 Lincoln Way W, Chambersburg, PA 17202 **(717) 263-8310**
- Pague & Fegan Home and Hardware – www.truevalue.com/pague
35 W King St, Shippensburg, PA 17257 **(717) 532-6511**

Season Extenders (i.e. greenhouses)

- Martin's Produce Supplies – www.martinsproducesupplies.com
627 Britton Rd, Shippensburg, PA 17257 **(717) 532-5918**

Soils & Fertilizers

- David H. Martin Excavating Inc. [dirt/compost] – www.dhmexc.com
4961 Cumberland Highway Chambersburg, PA 17202 **(717) 264-2168**
- Harry Rotz [compost] –5948 Rice Rd, Chambersburg, Pennsylvania
(717) 267-1489
- Dream Farms [compost] – www.dreamheifers.com
13689 Dream Hwy, Newburg, PA 17240 **(717) 477-0992**
- Wilson College Fulton Farm [horse manure] - www.wilson.edu/about-our-farm
1015 Philadelphia Ave., Chambersburg, PA 17201 **(717) 264-4141**
- Land-Scape Supply Co [mushroom soil] – www.land-scapesupply.com
5135 Roxbury Rd, Shippensburg, PA 17257 **(717) 530-2050**
- Martin's Produce Supplies [fertilizer] www.martinsproducesupplies.com
627 Britton Rd, Shippensburg, PA 17257 **(717) 532-5918**
- Maplewood Farm Market [soil/mulch] –
www.maplewoodproduceandgreenhouse.com
8564 Olde Scotland Rd, Shippensburg, PA 17257 **(717) 532-8973**

Local Resources continued

Gardening Supplies

Plants

- Master Gardeners Plant Sale – www.extension.psu.edu/programs/master-gardener/counties/franklin **(717) 263-9226**
- Snavely's Garden Corner – www.snavelys.net
2106 Lincoln Way E, Chambersburg, PA 17202 **(717) 352-2224**
- Trayer's Farm & Greenhouse – www.trayersfarm.com
11452 Welsh Run Rd, Mercersburg, PA 17236 **(717) 328-2456**
- The Drying Shed – www.dodinestay.com/listing/the-drying-shed
1587 Newcomer Road, Chambersburg, PA 17201 **(717) 267-3305**
- Lurgan's Greenhouse – www.dodinestay.com/listing/lurgan-greenhouse 8126
Oakdale Road, Orrstown, PA 17244 **(717) 532-9045**
- Maplewood Farm Market [soil/mulch] –
www.maplewoodproduceandgreenhouse.com/greenhouse/
8564 Olde Scotland Rd, Shippensburg, PA 17257 **(717) 532-8973**
- Lowes – www.lowes.com
 - 1600 Lincoln Way E, Chambersburg, PA 17201 **(717) 709-1900**
 - 12925 Washington Twp Blvd, Waynesboro, PA 17268 **(717) 387-4000**

General Supplies

- Snavely's Garden Corner – www.snavelys.net
2106 Lincoln Way E, Chambersburg, PA 17202 **(717) 352-2224**
- Maplewood Farm Market [soil/mulch] –
www.maplewoodproduceandgreenhouse.com
8564 Olde Scotland Rd, Shippensburg, PA 17257 **(717) 532-8973**
- Trayer's Farm & Greenhouse – www.trayersfarm.com
11452 Welsh Run Rd, Mercersburg, PA 17236 **(717) 328-2456**
- Lurgan's Greenhouse – www.dodinestay.com/listing/lurgan-greenhouse
8126 Oakdale Road, Orrstown, PA 17244 **(717) 532-9045**
- Baer's Garden Center & Greenhouse – www.dodinestay.com/listing/baers-garden-center-greenhouse
484 Roxbury Road, Shippensburg, PA 17257 **(717) 532-5427**
- Quincy Hardware Inc. – 7421 Anthony Hwy, Waynesboro, PA 17268
(717) 749-3653
- Tractor Supply Co. – www.tractorsupply.com
1503 E Main St, Waynesboro, PA 17268 **(717) 765-4141**
1733 Lincoln Way East, Chambersburg, PA 17201 **(717) 263-5729**
40 Shippensburg Center, Shippensburg, PA 17257 **(717) 477-0932**

Other Resources

Technical Assistance

Master Gardeners – www.extension.psu.edu/programs/master-gardener/counties/franklin

Open from mid-April to mid-October from 10am-2pm **(717) 263-9226**

Community Garden Start-Up Toolkits (weblinks)

- [University of Missouri Cooperative Extension - Community Gardening Toolkit](#)
- [University of California Cooperative Extension - Community Garden Start-Up Guide](#)
- [American Community Gardening Association - Community Garden Management](#)
- [Clemson University Cooperative Extension – Starting a Community Garden](#)

Funding Resources (weblinks)

- [United States Department of Agriculture - Grants, Loans and Other Support](#)
- [American Community Gardening Association – Funding Opportunities](#)
- [Summit Endowment – Grant Opportunities](#)
- [Lowe's – Community Service, Grants, Volunteers](#)

Gardening Resources (weblinks)

- [University of Illinois Extension – Ten Steps to a Successful Garden](#)
- [American Community Gardening Association – General Gardening and Horticultural Information](#)
- [Master Gardeners Penn State Extension – Home Gardening](#)
- [Online Garden Planner](#)

Starting a Community Garden TIPS

1. Find others who are interested in a garden.

What demographic will be using the garden?

2. Start a committee.

Are there volunteers to take on various roles? i.e. (administrating/organization, sponsoring the garden with donations, caring for borders/common areas, education, maintenance, construction projects, watering, planting, events)

3. Look for local partnerships.

Are there local organizations that can help with the garden?

4. Seek out a garden location.

Is permission needed to use the land? Is there room for garden expansion? Is there access to water and other gardening resources? Does the land get enough sun and shade?

5. Search for funding.

Will there be a membership fee? Are there any local businesses or corporations that would sponsor or give donations? Does the garden qualify for any government grants?

6. Plan for the garden.

Decide what infrastructure needs to be included (i.e. sheds, raised beds, etcetera). Create a map of the garden.

7. Create garden rules.

Are participants going to be required to sign a participation or plot registration form? (See sample forms.)

Franklin County Community Gardens

YMCA 756 S. Coldbrook Avenue Chambersburg, PA	Barb Houpt bhaupt@chbggy.org 717-263-8508	Education
St. Paul UMC 750 Norland Avenue Chambersburg, PA	Chris Mayer cmayer@wilson.edu 717-264-4141 x3247	Open to the public. 14 garden beds. Produce delivered to St. Paul food pantry.
Network Ministries 10 Redwood Street Chambersburg, PA	Josh Moseley joshwmoseley@gmail.com 717-264-4640 www.network-ministries.org	Open to the public. 25-40 garden beds. Serves youth and borough residents.
Montessori Academy 875 Ragged Edge Rd. Chambersburg, PA	Michelle D'Antonio mdantonio@montacad.org 717-261-1110	Education.
South Central Community Action Programs 533 South Main Street Chambersburg, PA	Abby McElhiney amcelhiney@sccap.org 717-263-5060	Gleaned produce redistributed Throughout community.
Master Gardener Demonstration Garden 181 Franklin Farm Lane Chambersburg, PA	Donna Scherer dks14@psu.edu 717-263-9226	Education.
FCCTC (Teens and Greens) 3015 Molly Pitcher Hwy. Chambersburg, PA	Dave Perry dave.perry@franklinctc.com www.teensandgreens.com	Education.
Church of the Apostle 336 Barnett Avenue Waynesboro, PA	Trey Gelbach chileheadt@gmail.com www.apostlesucc.com	Open to the public.
Trinity Lutheran 431 Philadelphia Ave. Chambersburg, PA	Mary Jo Frey 717-263-8156	Open to the public.
Franklin County Head Start Garden 1438 Excel Ave. Chambersburg, PA	Annette Searfoss 717-263-8019 x275	Education.
Falling Springs Elementary Garden 1006 Falling Spring Road Chambersburg, PA	Sarah Herbert sarah.herbert@casdonline.org 717-261-3442	Students & families.

Franklin County Community Gardens

Costa Academy Garden 1580 Orchard Drive Chambersburg, PA	Geof Lambert geof.lambert@gmail.com 717-264-4711	Education.
Ben Chambers Elementary Garden 481 North Franklin Street Chambersburg, PA	Shawn Kimple 717-261-3442	Students & families.
Thaddeus Stevens Elementary 800 Hollywell Avenue Chambersburg, PA	Thomas Knepper thomas.knepper@casdonline.org 717-261-3469	Students & families.
Grandview Elementary Garden 5538 Cumberland Hwy. Chambersburg, PA	Elizabeth Francisco Elizabeth.franzisco@casdonline.org 717-261-3445	Students & families.
New Franklin Elementary Garden 3584 Wayne Rd, Chambersburg, PA	717-261-3454	Students & families.
Scotland Elementary Garden 3832 Scotland Main Street Chambersburg, PA	Tamara Smith-Moore tamara.smith-moore@casdonline.org 717-816-9235	Students & families.
Menno Haven 1425 Philadelphia Avenue Chambersburg, PA	717-261-0220	Residents only.
New Forge Crossing 12935 Washington Twp Blvd. Waynesboro, PA	717-765-0006	Residents only.
Quincy Village 6596 Orphanage Rd. Waynesboro, PA	717-749-2300	Residents only.
Waynesboro Community & Human Services Victory Garden 123 Walnut St. Waynesboro, PA	717-762-6941	Community.

To see a GIS map of community gardens in Franklin County, click [here](#).

Sample Forms

Community Garden Plot Registration Form

Source: communitygarden.org

Name: _____ Date: _____

Address: _____ City: _____ Zip Code: _____

Phone: _____

- Did you have a garden plot last year? Yes No
- Do you want to keep your previous plot? Yes No
- Available plots:

5 x 10 ft. 10 x 10 ft. 10 x 20 ft. 20 x 20 ft. 20 x 40 ft.

To hold your plot there is a \$____ fee. Plot fees help pay for community garden expenses.

A refundable clean-up deposit is also required of \$____. Deposits will be refunded after your plot is cleared.

Signature _____

Sample Forms

Community Garden Participation Form

Source: Network Ministries

CONTACT INFORMATION

_____	_____	<input type="checkbox"/> Yes <input type="checkbox"/> No
Name	Cell or Home Phone #	Can we text you?
_____	_____	_____
Email Address	Address	City, State and Zip

MY LEVEL OF INVOLVEMENT & EXPERIENCE

- This is my first year at a Community Garden
- I have been involved for ___ years. Summarize activities here:

When it comes to growing vegetables in raised beds with organic practice, I am:

- A beginner (less than 2 years)
- Skilled gardener (2-5 years)
- Advanced gardener. Summarize experience: _____

I plan on being in the garden this amount of time per week: _____ (hours/week)

These are the best times for me:

(Day) _____ (Time) _____ (Day) _____ (Time) _____
(Day) _____ (Time) _____ (Day) _____ (Time) _____

MY INTERESTS Check all that apply:

- I work best as part of a team that is given a task to do.
- I feel confident that I can work independently.
- I can work as part of a team and I can work independently.
- I want to garden with my family in the adult garden area.

MY CROPS These are the crops I most desire to grow (1 = most favored)

- | | |
|----|----|
| 1. | 5. |
| 2. | 6. |
| 3. | 7. |
| 4. | 8. |

(Include varieties or other details of the crops you choose)

Please note: We ask gardeners to contribute **\$20** in dues each year, to help cover the cost of water, access to tools, and other costs associated with the garden.

Sample Forms

Participation Commitment Form

Source: Network Ministries

The *[insert organizations name]* is a place to learn, rest, and grow in love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. To maintain this atmosphere I agree to the following statements:

- I will treat people, the garden, and tools with respect and put items away after use.
- I will carefully follow work instructions posted.
- I will garden organically, **without** chemical fertilizers, insecticides, or weed repellants
- I will respect the decisions made by the *[insert organizations name]*
- I will make every effort to communicate my thoughts and ideas to create and maintain an atmosphere of peace.
- I recognize that adult behavior has impact on the community's children and youth, so I will model responsibility and self-control.
- I will dress appropriately for safety and for maintaining a family-friendly atmosphere.
- I will help keep the garden in good condition, including picking up litter, etc.
- I will not bring pets to the garden, without prior permission.
- I will refrain from the using tobacco and alcohol on garden property.
- I will report vandalism to the garden staff.
- I will help enforce the garden rules.
- I will maintain my given area with the understanding that the leadership team could reassign my area to someone else if I do not.

I understand that no representative of *[insert organizations name]* is directly responsible for my actions or the actions of other participants. Therefore, I agree to hold the *[insert organizations name]* harmless for any liability, damage, loss, or claim that may occur in connection with the use of the garden by myself or any guests that I bring to the *[insert organization's name]*.

I have read, understand, and agree to abide with the above.

Participant Signature

Date

Sample Forms

Permission for Land Use

Source: communitygarden.org

I, __[insert name of property owner]__ give authorization to __[insert organization's name]__ to use the land located at _____[insert address]_____ for a community garden. The duration of time will start __[insert date]__ and end __[insert date]__. Renewal of the agreement is contingent upon approval of both parties (property owner and organization). The community garden will be responsible for any damages or claims occurring from use of the property. The property owner will be responsible for letting the organization know if any changes occur in land ownership within 90 days prior to any changes.

Property Owner's Signature

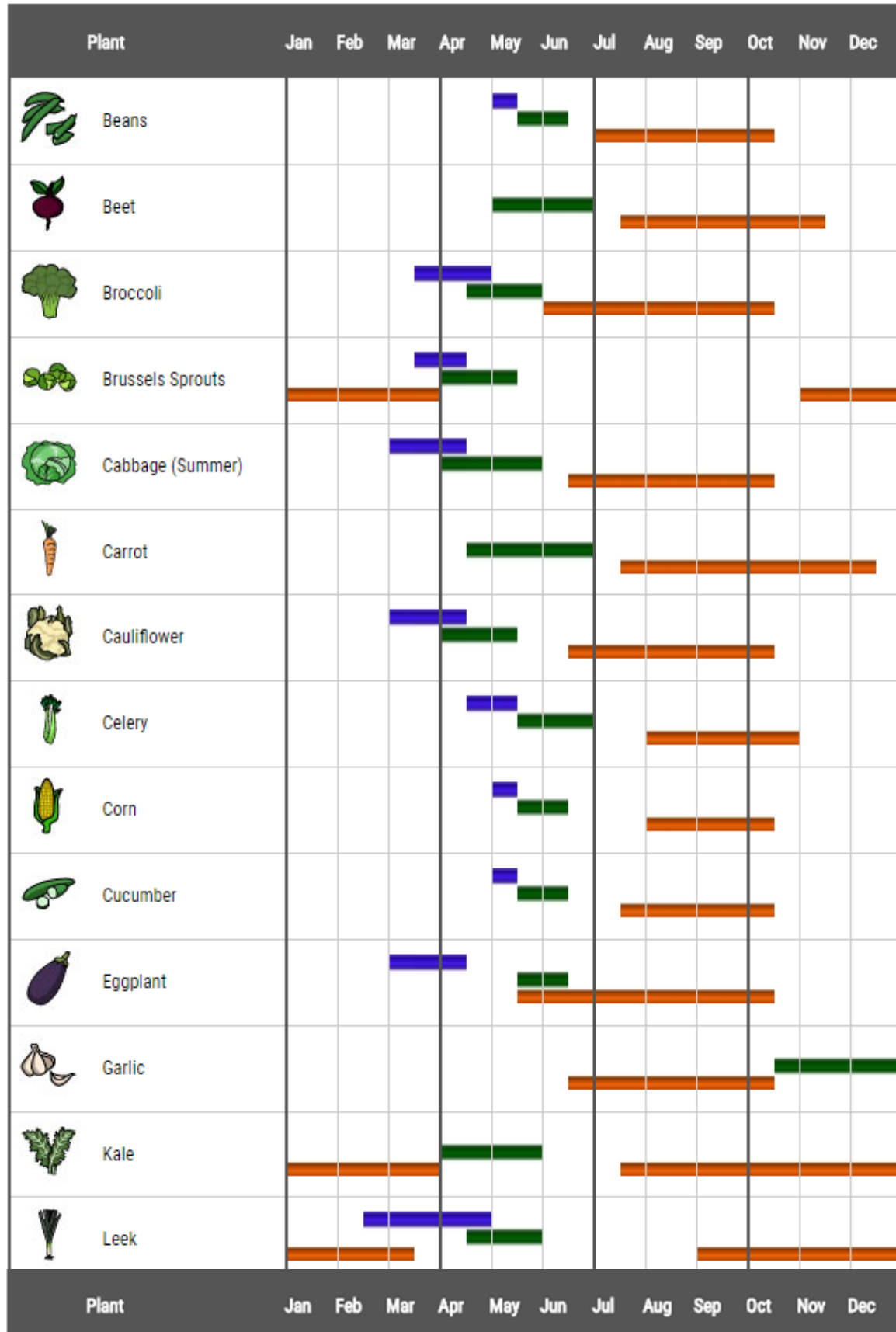
Date

Representative from Organization's Signature

Date

Planting Calendar

Source: Old Farmer's Almanac Planting Calendar, Chambersburg

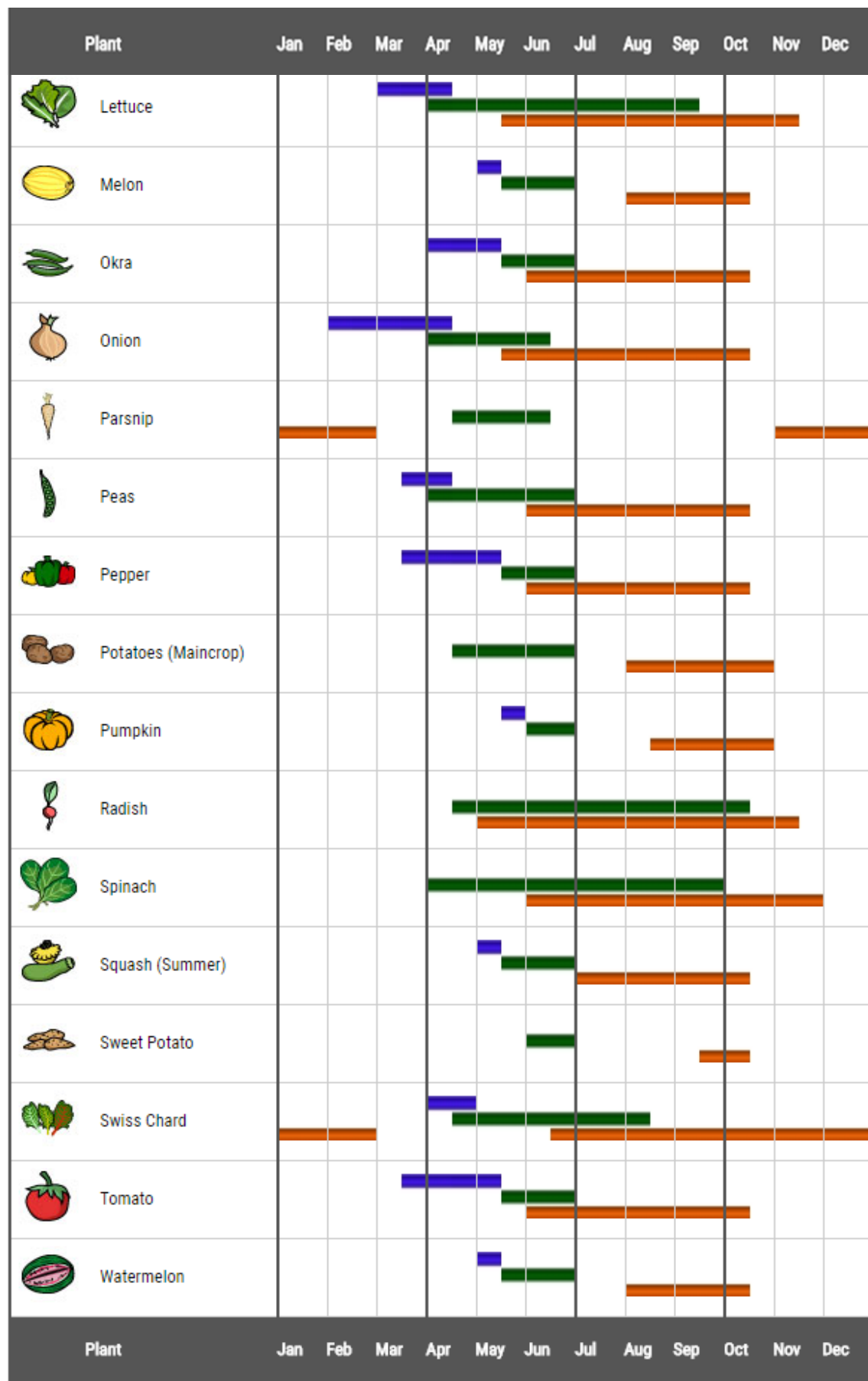


Blue = Sow indoors / undercover
 Green = Sow outdoors / plant out
 Orange = Harvest

PLANTING CALENDAR

Planting Calendar

Source: Old Farmer's Almanac Planting Calendar, Chambersburg



PLANTING CALENDAR

Blue = Sow indoors / undercover
 Green = Sow outdoors / plant out
 Orange = Harvest

The Big Picture

In 2012, a group of community leaders from the areas of education, health, faith, business, non-profit, and local government sectors formed to advise Summit Health on a [Community Health Needs Assessment\(CHNA\)](#), which is conducted every three years in Franklin County. In 2013, this group evolved into a community collaborative --Healthy Franklin County. Our vision is to have all people of Franklin County live in a state of optimal physical, mental, and social well-being. To realize this vision, Healthy Franklin County works to engage and partner Franklin County communities to create and support healthy behaviors and lifestyles through education, awareness, programming and access to services.

Every three years, Healthy Franklin County reviews data from the CHNA and utilizes a Community Health Improvement Plan (CHIP) and other action steps to create a healthier community. Priorities include [Access to Care](#); [Obesity, Nutrition and Physical Activity](#); [Mental Health, Substance Use & Prevention](#); [Educational and Community Based Engagement](#); and [Adolescent Health](#). Healthy Franklin County partners leverage and align resources to make Franklin County healthier.

How We Do Our Work

Healthy Franklin County uses a collective impact approach to improve health outcomes in the community. This includes leveraging the skills and talents of our partners who dedicate staff and resources to be involved with task forces and work groups, such as:

Nutrition Task Force

- Community Garden Work Group
- Food Insecurity Work Group

Physical Activity Task Force

- Built Environment Work Group
- Community Engagement Work Group

Access to Care Task Force

Diversity, Inclusion & Discrimination

Mental Health Task Force

- Suicide Prevention Coalition
- Depression Work Group
- Data Collection Work Group

Guiding Principles

Healthy Franklin County uses a public health lens and incorporates the social determinants of health as a standard practice. As such, we work to align our strategies with the State Health Improvement Plan (SHIP) and leading health indicators (LHI) at the federal level, known as Healthy People 2020. System alignment, at all levels, is essential to moving community health outcomes forward. It isn't easy, but Healthy Franklin County is committed to creating a healthier community, together, over the long term.

Acknowledgements

We can't do what we do without the support of our community partners and volunteers. Thank you!

Healthy Franklin County Partners

- Chambersburg Area School District
- Chambersburg YMCA
- FCCTC Practical Nursing Program
- Franklin County Area Development Corporation
- Franklin County Government
- Franklin County Head Start
- Greater Chambersburg Chamber Foundation
- Healthy Communities Partnership
- Keystone Health
- Mental Health Association
- Residents of Franklin County
- South Central Community Action Programs
- SpiriTrust Lutheran Home Care & Hospice
- United Way of Franklin County
- Waynesboro Area School District
- Waynesboro Community & Human Services
- Waynesboro YMCA

Nutrition Task Force Members

James Bailes, Lenelle Bear, Kristi Benbow, Tiffany Bloyer, Cressa Coldsmith, Kari Coleman, Rayna Cooper, Heather Diehl, Julia Emig, Rev. Peter Emig, Denise Esser, Jay Eury, Nickie Fickel, Cindy Fink, Maryann Gaulding, Sarah Glunz, Elizabeth Grant, Sarah Hamel, Audrey Hess, Barb Houpt, Karen Johnston, Jack Jones, Kathi Jones, Geof Lambert, Julia Lehman, Jan Lewis, Heidi Lucas, Diana Marthouse, Chris Mayer, Josh Mosley, Steve Nevada, Nicole Nicholson, Tanya Nitterhouse, Sonja Payne, Noel Purdy, Ben Raber, Jon Raber, Heather Rosenberry, Barbara Rossini, Donna Scherer, Steven Schmidt, Jeanne Shultz, Sheryl Snider, Ann Spottswood, Judy Stenger, Tom Stenger, Isabel Stennett, Kiana Taylor, Christy Unger, Stephanie Unger, Cathy Wallick, Peggy Wing, Lori Young, Abby McElhiney, Dr. Elizabeth George, Krista Daniels, Danielle Wagner.

Community Garden Work Group Members

Josh Mosely, Kari Coleman, Barb Houpt, Chris Mayer, Danelle Wagner, Trey Gelbach, Nickie Fickel, Noel Purdy

And a special thank you to Marina Hertzog, a Summit Health/Healthy Franklin County intern.