

# Healthy Franklin County Leadership Nutrition Task Force

**Wednesday, November 9, 2016 at 1:30 PM-3:00 PM  
Summit Building Conference Room**

Members: **(Bold were present at meeting)** Cindy Ash, Kristi Benbow, Tiffany Bloyer, **Cressa Coldsmith, Kari Coleman**, Rayna Cooper, Julia Emig, Rev. Peter Emig, Denise Esser, **Jay Eury, Nickie Fickel**, Cindy Fink, Maryann Gaulding, Elizabeth Grant, Sarah Hamel, Audrey Hess, **Barb Houpt, Karen Johnston**, Jack Jones, Kathi Jones, Geof Lambert, Julia Lehman, Jan Lewis, Heidi Lucas, Diana Marthouse, Chris Mayer, Josh Mosley, Steve Nevada, Tanya Nitterhouse, Sonja Payne, Ben Raber, Jon Raber, Heather Rosenberry, Barbara Rossini, Donna Scherer, Steven Schmidt, **Jeanne Shultz**, Sheryl Snider, Ann Spottswood, Judy Stenger, Tom Stenger, Isabel Stennett, Kiana Taylor, Christy Unger, Stephanie Unger, Cathy Wallick, Bob Whitmore, Peggy Wing, **Lori Young**, Ann Ziobrowski

| Topic   | Discussion  | Action   |
|---|---|--|
| Introductions                                       | Quick introductions were done   |  |
| Year One – Goal/ Objectives/ Strategies/ Activities | <p>Group reviewed the action plan for year 1. They decided that any group could be added as long as they are willing to share outcomes of their programs/initiatives. Nickie will update the document based on the conversation. When completed, task force members will review and give feedback. Group will start planning for year 2 at the January meeting.</p> <p>Jay mentioned that he was invited to the Chambersburg School District’s school Wellness policy meeting. He will ask if Karen and Nickie would be able to attend the next meeting. Karen is already on the Tuscarora School District Wellness committee. Lori will check with Greencastle to see what they are doing.</p>   | <p><b>Nickie</b> will update the document.</p> <p><b>Group</b> to review updated document and provide feedback.</p> <p><b>Jay</b> will ask if Karen and Nickie can be invited to the next meeting.</p> |
| Work Group Updates                                  | <p><b>Garden Workgroup</b> – Mapping of identified gardens within Chambersburg is almost complete. The group developed a need/want survey for utilization of gardens. They hope to have surveys back and summarized by the end of Dec. NTF members were asked to distribute widely among their networks. Kari is planning to go to the Housing Authority to distribute the survey. The group is also working on developing a SurveyMonkey to assess the needs of existing gardens.</p> <p><b>Food Insecurity</b> – The group is currently developing the project plan. The focus will be to identify the target areas, needs, areas with gaps in resources, and then try to match resources with need and potentially develop and/or support specific initiatives to fill those gaps.</p> |  |
| Other   | <p><b>Evaluation and Measurement</b> – <b>Group did not get a chance to discuss this. Will take a closer look at this at the next meeting.</b></p> <p>A goal for the NTF is to have 2-3 questions that can be consistently asked to measure change in all nutrition related programs. Several of the NTF initiatives and other County initiatives already have questions and tools they are using. Please send these questions to Carla Goshorn to compile for review at next meeting.</p>  | <p><b>Send questions</b> to Carla Goshorn (cgoshorn@summithealth.org)</p>  |
| Next Meeting (s)                                    | <b>Garden Workgroup:</b> Wednesday, December 14 @ 1:30-2:30 PM, Sentry Building at 785 5 <sup>th</sup> Avenue, 1 <sup>st</sup> Floor Board Room   |  |

| Topic | Discussion   | Action |
|-------|--|--------|
|       | <p><b>Food Insecurity Workgroup:</b> Wednesday, December 14 @ 2:30-3:30 PM,<br/>Sentry Building at 785 5<sup>th</sup> Avenue, 1<sup>st</sup> Floor Board Room</p> <p><b>Nutrition Task Force (Full meeting):</b> Wednesday, January 11, 2017 @ 1:30-3:00 PM, Sentry Building at 785 5<sup>th</sup> Avenue, 1<sup>st</sup> Floor Board Room</p> |        |