

# Healthy Franklin County Leadership

## Nutrition Task Force

Wednesday, June 8, 2016 at 1:30 PM-3:00 PM

Summit Building Conference Room

Members Present: Jay Eury, Sarah Hamel, Audrey Hess, Barb Houpt, Karen Johnston, Kathi Jones, Geof Lambert, Heidi Lucas, Jeanne Shultz, Christy Unger

Members Absent: Cindy Ash, Ann Baker, Kristi Benbow, Cressa Coldsmith, Kari Coleman, Rayna Cooper, Susan Davis, Denise Esser, Nickie Fickel, Cindy Fink, Maryann Gaulding, Elizabeth Grant, Jack Jones, Elena Kehoe, Julia Lehman, Jan Lewis, Chris Mayer, Josh Mosley, Tanya Nitterhouse, Sonja Payne, Ben Raber, Jon Raber, Heather Rosenberry, Barbara Rossini, Donna Scherer, Steven Schmidt, Sheryl Snider, Ann Spottswood, Isabel Stennett, Stephanie Unger, Cathy Wallick, Cindy Weidman, Bob Whitmore, Peggy Wing, Lori Young, Ann Ziobrowski

Topic	Discussion	Action
Introductions	<p>Each person introduced themselves to the group – we had four new members.</p> <p>Heidi Lucas- Eat well for Life and other initiatives in the area</p> <p>Kiana- student with Heidi</p> <p>Sara Hamel - new with YMCA- Wellness Coordinator for County</p> <p>Beth Andrews- from CASHS- “Gardens of Success”</p>	
Moving Forward/Next Steps	<p>The group was reminded that the Community Needs Assessment event is to be held tomorrow 6/9/16. We hope to have many of you registered.</p> <p>NTF members should look over the Healthy Franklin County website: <a href="http://healthyfranklincounty.org/">http://healthyfranklincounty.org/</a> and make suggestions for content under Nutrition- pass these on to Nickie.</p> <p>The group felt as though they had not made a firm decision on following the Adams County model and separate the nutrition and physical activity into two groups that could potentially work closely together. Several persons gave feedback to the benefits and challenges with keeping them together or splitting them and what should be the main focus of this current group. Karen shared that at the event tomorrow there would be a group breakouts and nutrition and physical activity would be separate. The consensus was to perhaps bring Kathy Gaskin (from Healthy Adams County) to speak directly to the Nutrition Task Force.</p> <p>The group also discussed the proposed four main areas of focus for the next few years:</p> <ol style="list-style-type: none"> <li>1) Food Insecurity</li> <li>2) Gardens (Community, School, other)</li> <li>3) Education and Awareness</li> <li>4) Policy (school, worksite, etc...)</li> </ol> <p>Karen polled the members present about which of these groups they might have an interest to serve on. This listing is attached with the</p>	

Topic	Discussion	Action
	<p>minutes. Members not present today will have to be added to the lists.</p> <p>The group asked if these groups would meet at a time different than the NTF and/or if the TF meeting could be every other month so the subgroups could meet during “off months”</p> <p>We would also like to develop 2-3 question item to be used consistently on an evaluation tools we are using for NTF initiatives and other nutrition initiatives that are happening in the county and who seek support from the NTF. Using the same questions will help demonstrate outcomes for all the combined programs.</p>	
Nutrition Task Force Initiatives	<p><b>Double Dollars-</b> SCCAP got at grant to do this program at Farmer’s Market</p> <p><b>Back Pack Program</b> – no new information</p> <p><b>Nutrition Block Party</b> – Next party will be August 2, 2016 in Waynesboro for National Night Out. More details will follow</p> <p><b>BOPIC/Gardens</b> – no new information</p>	
Other updates	<p>Costa Academy will have their first class in September 2016. Class will happen at the Orchards, 5 days a week. There are 10 students enrolled. Geoff provided additional handouts and materials on the project. The kids will graduate being “work ready” for a variety of options: working in the food industry, continuing education in food service, etc.... There will also be a wellness component.</p> <p>Double Dollars is up and running at the Market through a SCCAP grant.</p> <p>The garden at Mary B. Sharpe (Manito school) is up and running</p> <p>HS is getting ready for the program “Eat Well, Play Hard”</p> <p>The YMCA is prepping their gardens, they are starting a Diabetes prevention program again</p> <p>POP started at the Market again. There are close to 300 already enrolled!! A new two bite club was started this year. Kids try some new vegetable each week for 10 weeks. This week they tested lettuce</p> <p>Gleaning- Jay wrapped up the work with the Master Gardener with a planted containers event. The new gleaning season is starting up now. And Jay got a new cooler he calls “Billy Cool”.</p>	
Next Meeting	<p><b>May 11, 2016 @ 1:30 p – 3:30 p</b> Sentry Building at 785 5<sup>th</sup> Avenue, 1<sup>st</sup> Floor Board Room</p>	



Food Insecurity	Gardens	Education and Awareness	Policy
Jeanne Kathy J Christy Jay Geoff Audrey Kari	Kathy J Barb Heidi Geoff Beth A. Kari	Heidi Jeanne Sara Barb Christy Geoff Jay Beth A Kari	Sara Geoff Audrey Jay Beth A

Thoughts on these subgroups:

Need to set dates and times

Would we do breakouts during each NTF meeting and do small groups, or meet during other times?

These subgroups are more welcoming to others who have same interests

Each month at NTF, one of the groups could highlight what is occurring

Recommended:

- 1) NTF meet every other month
- 2) Subgroups meet during “off months” and as needed
- 3) Keep others in the loop during NTF meetings