

Healthy Franklin County Leadership

Nutrition Task Force

Wednesday, January 13, 2016 at 1:30 PM-3:00 PM

Summit Building Conference Room

Members Present: Kari Coleman, Denise Esser, Jay Eury, Nickie Fickel, Maryann Gaulding, Elizabeth Grant, Barb Houpt, Karen Johnston, Geof Lambert, Julia Lehman, Chris Mayer, Ian Ramsey, Steven Schmidt, Jeannie Shultz, Isabel Stennett, Christy Unger, Cindy Weidman, Bob Whitmore

Members Absent: Cindy Ash, Ann Baker, Kristi Benbow, Caitlin Cluck, Rayna Cooper, Susan Davis, Cindy Fink, Karen Gartside, Jack Jones, Kathi Jones, Jan Lewis, Josh Mosley, Tanya Nitterhouse, Sonja Payne, Ben Raber, Jon Raber, Heather Rosenberry, Barbara Rossini, Donna Scherer, Tammy Seville, Sheryl Snider, Stephanie Unger, Cathy Wallick, , Peggy Wing, Laurie Young, Ann Ziobrowski

Topic	Discussion	Action
Introductions	Each person introduced themselves to the group and gave a little information as to their role and experience with the Task Force.	
Updates on Nutrition Initiatives in Franklin County	<p>Gleaning – Slowing down due to winter. They are working on evaluating the program and building relationships with farmers over the winter.</p> <p>Wilson College update - Will have service learning students available Feb through April 2016. If you are interested in having a student from the Health Psych class for service learning, contact Steven Schmidt to submit a proposal.</p> <p>Fulton Farms-has a new farmer. They are also recruiting for apprentices. A new Fresh Series starts on 1/30 at Wilson.</p> <p>Head Start- Summit Community health and FCHS partnered on a grant to start a program called “Eat Well/Play Hard” through Summit Endowment. More to come on this.</p> <p>Healthy Eating Adventure- Started at Penn National. They had 50 show for dinner and lecture. Twenty signed up to continue.</p> <p>Chili Cook off at Ice Fest – will feature a plant based option this year.</p> <p>POP –Quantitative data complete. 1st year – 350 kids enrolled, 2nd year- 645 enrolled. This program will continue next year with a Summit Endowment grant and other sponsors.</p> <p>Summit Community Health- February is heart health month. They will have many events and a grocery store tour. They are also working with ALA on a pre-diabetes prevention program</p> <p>YMCA- The county did a pilot of a vending machine with healthy foods that went over well. They are considering changing all vending machines in county to healthy foods.</p>	
Nutrition Task	Double Dollars	

Topic	Discussion	Action
Force Initiatives	<p>There is a sub- group working on this for the Farmers Market. Double dollars doubles SNAP food stamp (EBT) purchases for up to \$10 on fresh fruits and vegetables each week at North Square Farmers Market. There was a pilot done with this last year and the market definitely saw an increase in usage. Funds are needed to continue this program. There is presently a subcommittee work on this effort, if you are interested in joining the group please contact Nickie or Karen.</p> <p>Back Pack Program There are several schools in Chambersburg starting back pack efforts and several that have them started (and need regular support). Waynesboro Human Services also helps with a back pack program in the Waynesboro Elementary schools. They serve 147 families. There is another working subcommittee for back pack, see Karen or Nickie if interested in joining. Walmart also has grants to help with back pack programs.</p> <p>Nutrition Block Party Two events were held last year with some additional work and sites to be added this spring, summer and fall. The focus is to get participants to increase their knowledge of and attitude toward healthy foods. They try to use Gleaned foods. Geoff mentioned that the Orchards might be a site to hold a block party. The committee has not met recently, so if you are interested in this please let Jay, Karen, Kari or Nickie know.</p> <p>BOPIC A meeting with the BOPIC staff and others will need to be scheduled.</p> <p>Healthy Options-This program is being explored by SCCAP through their Circles program. Jon is getting more information from Adams County on what this looks like. This program is intended for people who have gotten off food stamps and are not "food secure".</p>	
National Nutrition Month		
Next Meeting	<p>February 10, 2016 @ 1:30 p – 3:30 p Sentry Building at 785 5th Avenue, 1st Floor Board Room</p>	

Task Force Initiatives

Initiative	Current Members and interested Parties
Block Party	Jay, Kari, Isabel, Elizabeth, HCP member, Nickie, Judy (Fulton Farms)
Double Dollars/Healthy Options	Jon, Nickie, Christy, Julia, Jay, Sheryl S
BOPIC	Nickie, Jack, Chris
Back Pack	Denise, Nancy (HCP), Kristie Benbow, Nickie, Sheryl S