

Healthy Franklin County Leadership

Nutrition Task Force

Wednesday, May 11, 2016 at 1:30 PM-3:00 PM

Summit Building Conference Room

Members Present: Cindy Ash, Denise Esser, Nickie Fickel, Maryann Gaulding, Audrey Hess, Barb Houpt, Chris Mayer, Jeanne Shultz, Christy Unger (Guest: Ashley Shifflett – HCP Intern)

Members Absent: Ann Baker, Kristi Benbow, Caitlin Cluck, Cressa Coldsmith, Kari Coleman, Rayna Cooper, Susan Davis, Jay Eury, Cindy Fink, Elizabeth Grant, Karen Johnston, Kathi Jones, Jack Jones, Elena Kehoe, Geof Lambert, Julia Lehman, Jan Lewis, Josh Mosley, Tanya Nitterhouse, Sonja Payne, Ben Raber, Jon Raber, Heather Rosenberry, Barbara Rossini, Donna Scherer, Steven Schmidt, Sheryl Snider, Ann Spottswood, Isabel Stennett, Stephanie Unger, Cathy Wallick, Cindy Weidman, Bob Whitmore, Peggy Wing, Lori Young, Ann Ziobrowski

Topic	Discussion	Action
Introductions	Each person introduced themselves to the group.	
Moving Forward	<p>Nickie shared the goals/objectives/strategies with the group. After a long discussion, it was decided to follow the Adams County model and separate the nutrition and physical activity into two groups that could potentially work closely together. The group agreed that through the partnerships established with the Nutrition Task Force they could work on the following things:</p> <ul style="list-style-type: none"> • develop the community resources related to healthy eating • strengthen school-based policies around nutrition • provide evidence-based informed prevention initiatives that address nutrition to the community • increase the % of adults who consume at least five fruits and veggies every day • decrease the amount of soda adolescents drink per day • ensure low income residents at risk for hunger have access to fruit and veggies through community initiatives • increase access and promote fruits/veggies in a variety of settings • increase proportion of schools that offer nutritious beverages outside of school meals <p>These recommendations will be presented to the Healthy Franklin County Leadership group for approval.</p>	
Review of Current Program List	The group reviewed the program list and made some changes. Once it's updated, it will be sent out to the entire group to review.	
Updates on the four sub-groups	Backpack program – This group held one meeting to date and created a list of potential contents in the bag as well as a list of schools that currently have this program. Next steps are to find out who else would be interested in participating in something like this.	

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	<p>Garden Committee – This group discussed the need to get more parent involvement. A listing of gardens within Franklin County is currently being worked on. Next steps are to see what each is doing, the utilization rate of each, and explore ways to partner to maximize utilization of these gardens.</p> <p>Double Your Dollars/Healthy Options at the Farmers Market – Next step is to try to find funding for these initiatives.</p> <p>Nutrition Block Parties – Next steps are to find additional sites to hold more block parties and collect cooking supplies needed to make events successful.</p>	
Next Meeting	<p>June 8, 2016 @ 1:30 pm – 3:00 pm Sentry Building at 785 5th Avenue, 1st Floor Board Room</p>	