

Physical Activity Task Force Meeting

Tuesday, July 12, 2016 • 3:00—4:30 p.m.

SHIC Conference Room 2

Members Present: Bethany Palmatier, Samuel Thrush, Ann Spottswood, Bob Whitmore, Sarah Hamel, Joe Jacobs, Hugh Chapman, Barb Houpt, Jamie Goetz, Angela Austin, Christy Unger, Krista Sollenberger, Rhonda Campbell, Shannon Lee, Shelly Schwartz, Elena Kehoe, Katharine Grubbs, Claudia Peet

Topic	Discussion	Action
Welcome & Introductions	Bob welcomed the group to the first meeting of the Physical Activity Task Force. As this was the first meeting, he asked everyone to introduce themselves and state what area they live and work in. Sam Thrush shared with the group that he rode his bike to the meeting. Not seeing a bike rack in front of the building, he went inside to ask where one was located and was informed it was behind the building, next to the dumpster!!	
Healthy Franklin County	<p>Healthy Franklin County Overview: Ann Spottswood gave a presentation regarding Healthy Franklin County. She reviewed the mission and vision statement and the goals of Healthy Franklin County. She discussed the five conditions of collective impact, where health happens, the determinants of health, the social-economic model, the healthy impact pyramid, community impact, and community health.</p> <p>Role and Responsibilities of Task Force: Bob reviewed the task force roles and responsibilities for facilitators and members. These were established to provide guidance for the task force. Bob will facilitate the task force until October, when a permanent facilitator will be appointed.</p> <p>Summary of Notes from June 9: Bob provided a handout of his notes from the Physical Activity breakout session from the CHNA Summit, as well as notes from Andy Mowen.</p>	
Physical Activity Priorities, Goals, and Objectives	<p>The beginning role of the task force will be to structure what will be worked on in the future. The long-term goal is to move the needle on the indicators. Bob reviewed the health indicators in Franklin County, which are diabetes, percentage of adults overweight or obese, and the percentage (17%) of adults who exercise 30 minutes 5 days a week. The key findings and entire CHNA report are available on the Summit Health website, and will be on the Healthy Franklin Website by the end of July.</p> <p>A discussion was held regarding the way successes are measured in other task forces. Christy Unger gave an example of how successes are measured in the POP Program.</p> <p>The committee also discussed ways to make meaningful change in the community. The group concurred that policy level is where change needs to take place. Suggestions were made for ways to facilitate this, such as holding a policymaker meeting, getting doctors more involved in encouraging their patients regarding physical activity, satellite parking, and educating people about the issues.</p>	
Action Planning	Bob reviewed the Physical Activity goals and objectives with the task force. There was not enough time to work on this as a group at this meeting, so it will be on the agenda for the August task force meeting.	
Future Meeting Schedule	Bob asked the task force their opinion on the most convenient dates/times/locations for future meetings. Initially, the task force will meet once a month. It was decided that Tuesdays at 3:00 p.m. would work best for most individuals. The next meeting will be held on August 16, 2016 at 3:00 p.m. at the same location – Summit Health Center, Building 2, Second Floor Conference Room, 757 Norland Avenue.	

Physical Activity Task Force Meeting

Tuesday, July 12, 2016 • 3:00—4:30 p.m.

SHIC Conference Room 2