

# Physical Activity Task Force Meeting

Tuesday, September 20, 2016 • 3:00—4:30 p.m.

Chambersburg Recreation Center, Room B1

Members Present: Melanie Furlong, Jamie Goetz, Hugh Graham, Elizabeth Grant, Sarah Hamel, Terri Hollenshead, Barb Houpt, Joe Jacobs, Elena Kehoe, Shannon Lee, Jon Raber, Shelly Schwartz, Ann Spottswood, Samantha Stratton, Phil Tarquino, Sam Thrush, Christy Unger

Topic	Discussion	Action
Welcome and Introductions	Bob Whitmore welcomed the group and asked the members to introduce themselves and state what agency/company/community they are affiliated with. Bob informed the group that the goal of the meeting was to create structure and provide a framework for the task force, create workgroups and appoint facilitators, and have the group recommend facilitators for the Physical Activity Task Force to present to the Healthy Franklin County Leadership Team.	
Minutes	Shelly Schwartz motioned to approve the minutes from the August 16 meeting; seconded by Elena Kehoe. All members approved.	
Physical Activity Priorities, Goals, and Objectives	Bob discussed the results of the Physical Activity survey. He also handed out two informational pieces – America Walks, which includes education and promotion of walkable communities, and the Pennsylvania State Health Improvement Plan 2015-2020.	
	<p>Bob identified four workgroups that would be formed from the task force members: Community Resources, Employer, Built Environment, and Physical Activity. He asked the task force members to gather in the workgroup they were interested in participating on. Once gathered, he instructed them to decide on a workgroup facilitator and to begin discussing initiatives for their group. After the groups had met individually, the task force reconvened and each group gave a report on their initial plan.</p> <p><b>Employer:</b> Jamie Goetz and Sarah Hamel will serve as co-facilitators. The group discussed creating a survey for employers to identify their interests, what physical activities they are currently doing, what they would like help with, as well as creating educational tips and reference sheets for employees.</p> <p><b>Physical Activity:</b> Christy Unger and Shannon Lee will serve as co-facilitators. The group discussed getting kids involved in more programs and unifying groups across the county. The workgroup will meet on the fourth Tuesday of each month at 2:00 p.m.</p> <p><b>Built Environment:</b> Elizabeth Grant and Sam Thrush will serve as co-facilitators. The group discussed short-term goals of planning and marketing, identifying initiatives that nonprofits are working on, providing a tool to municipalities regarding the built environment, implementing municipal plans, and eventually meeting with municipalities to share the idea of healthy communities. Jon Raber noted possible improvements to the Rails To Trails to make it easier for bicycles.</p>	

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Action Planning	<p><b>Community Resources:</b> A facilitator has not been appointed yet for this work group. Bob Whitmore and Hugh Graham discussed compiling a list of organizations, communities, and municipality resources and identifying a contact person in these groups; as well as private organizations such as gyms and fitness centers, and contacting schools to see if they open to the public using their facilities. Their long-term goal is to create an app for a resource guide that can be continuously updated.</p> <p>Joe Jacobs and Shannon Lee were nominated to serve as facilitators for the Physical Activity Task Force. Their nominations will be presented to the Healthy Franklin County Leadership Team on Monday, October 17, 2016.</p> <p>Ann Spottswood spoke to the task force regarding upcoming Summit Endowment Grant-making Workshop dates. Anyone interested in applying for a grant in 2017 must attend a workshop.</p>	
Next Meeting	• Tuesday, October 18, 2016	