

# Physical Activity Task Force Meeting

Tuesday, January 17, 2017 • 3:00—4:30 p.m.

Chambersburg Recreation Center, Room B1

Members Present: Cherry Arvin, Anita Cramer, Nickie Fickel, Hugh Graham, Elizabeth Grant, Barb Houpt, Joe Jacobs, Krista Ocker, Claudia Peet, Jon Raber, Shelly Schwartz, Ann Spottswood, Samantha Stratton, Sam Thrush

Topic	Discussion	Action
Welcome	Joe Jacobs welcomed the committee and asked the members to introduce themselves.	
Minutes	Joe asked for approval of the December 20, 2016 minutes. Shelly Schwartz motioned for approval, seconded by Elizabeth Grant. All were in agreement.	
Task Force Updates	Joe began the meeting with a presentation on The Big Initiative. The concept was developed by Johns Hopkins University School of Business to create information or ideas that have attraction and appeal for everyone regardless of age. Joe discussed how this concept could be applied to the Physical Activity Task Force.	
Work Group Updates	<p>The work groups reported updates since the last meeting:</p> <p><b>Built Environment:</b> Elizabeth Grant reported that the trail connectivity inventory list should be finished by March. They are currently in the process of meeting with municipalities who were not present at the mapping workshop.</p> <p><b>Employer:</b> Ann Spottswood reported for the Employer workgroup through updates provided by Jamie Goetz. The group is working on a workplace wellness toolkit that will go on the Healthy Franklin County website and be co-branded with all organizations. They will present materials and an updated at the next taskforce meeting. They are also working on the walking challenge, creating tip sheets for employers and have begun discussions about corporate rec leagues.</p> <p><b>Physical Activity:</b> Samantha Stratton reported on the development of the mapping guide. The group feels a printed booklet would be of value and they are looking into ways of funding this. They are also discussing expanding walking parties to different counties and having walking events in different areas on the same day.</p>	
Future Discussion	The task force discussed the need to have more participation on the task force and the workgroups.	
Future Events	Joe introduced the possibility of having a walking/biking extravaganza in Waynesboro on the new walking/bike path. The Committee discussed ideas for a physical activity launch event and ways to promote it. Sam Thrush suggested having a social media page for Health Franklin County.	
Future Meetings	The next meeting will be held on March 21, 2017.	