

# Physical Activity Task Force Meeting

Tuesday, November 15, 2016 • 3:00—4:30 p.m.

Chambersburg Recreation Center, Room B1

Members Present: Nickie Fickel, Jamie Goetz, Hugh Graham, Elizabeth Grant, Terri Hollenshead, Barb Houpt, Joe Jacobs, Karen Johnston, Shannon Lee, Krista Ocker, Guy Shaul, Ann Spottswood, Samantha Stratton

Guest: Cindy Fink

Topic	Discussion	Action
Welcome	Joe Jacobs called the meeting to order and welcomed the task force members.	
Minutes	Joe asked for approval of the minutes from October 18, 2016. Hugh Graham discussed combining the Community Resources workgroup with the Built Environment workgroup. This was confirmed by the group.	
Work Group Updates	<p>The four work groups reported updates since the last meeting.</p> <p><b>Built Environment:</b> Elizabeth Grant reported for the Built Environment workgroup. The workgroup has compiled a list of plans that they are in the process of reviewing. They have created a document template that is being used for plan reviews. Franklin County will be hosting a county-wide trail mapping activity. The plan is to map current trails, identify gaps, and use the survey in future planning efforts.</p> <p><b>Employer:</b> Jamie Goetz reported for the Employer workgroup. A survey was created and sent out to local employers in HR or leadership/management roles to get some background information on what companies are currently doing with regard to physical activity and their future interests. 27 people responded to the survey. The workgroup is discussing holding an employer challenge in January that would include an individual and team challenge with prizes going to the person/team with the highest score.</p> <p><b>Physical Activity:</b> Shannon Lee reported for the Physical Activity workgroup. Shannon reviewed items that were discussed at the last workgroup meeting including expanding walking parties to include additional communities, developing relationships with medical providers of adults to promote walking parties, and walking routes in each community. Discussions are also being held regarding a kickoff event. The next workgroup meeting is tentatively scheduled for November 23.</p> <p><b>Community Resources:</b> Hugh Graham is currently the only member in this workgroup. Community Resources will combine with the Built Environment workgroup. Elizabeth Grant will provide Hugh with future meeting dates.</p>	
Group Ideas	<p>A discussion was held regarding the sustainability of Norlo Park and other parks. The group discussed the use of tobacco on trails, availability of bathroom facilities, and the cost of maintaining trails.</p> <p>Joe Jacobs encouraged the launch of an event and publicizing it in the community, as well as how to reach the unreached in the community through churches, schools, and medical facilities.</p> <p>Guy Shaul reported that Pokemon parties in downtown Chambersburg have been very successful.</p>	

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	<p>Karen Johnston informed the group that the State Health Improvement Plan has a newsletter that could be reviewed for information regarding events that are already planned.</p> <p>The group discussed mapping year-wide county events and tying in physical activity events to events that are already planned. Ann Spottswood will invite the Franklin County Visitor Center to the next task force meeting.</p> <p>Ann Spottswood discussed putting more information on the Healthy Franklin County website such as task force and workgroup minutes and maximizing social media presence. She asked each workgroup to complete a list of goals by the next meeting that can be published on the website.</p> <p>Shannon Lee asked the group to briefly introduce themselves before closing.</p> <p>Cindy Fink from Renfrew Museum was present and distributed information about Renfrew’s trails and services. She talked about the popularity and use of Renfrew’s trails and the use of an “app” that Renfrew developed that helps people understand where they are in the park and how to locate different trails. It has been tremendously successful.</p>	<p>Ann to invite Franklin County Visitor Center to next meeting</p> <p>Workgroups to complete list of goals</p>
Future Meetings	The next meeting will be held on December 20, 2016.	