

Physical Activity Task Force Meeting

Tuesday, March 21, 2017 • 3:00—4:30 p.m.
Chambersburg Recreation Center, Room B1

Members Present: Cherry Arvin, Nickie Fickel, Barb Houpt, Shannon Lee, Noel Purdy, Jon Raber, Guy Shaul

Topic	Discussion	Action
Welcome	Shannon Lee called the meeting to order.	
Minutes	Shannon asked for approval of the January 17, 2017 minutes. Cherry Arvin motioned for approval, seconded by Jon Raber. All were in agreement.	
Work Group Updates	<p>The work groups reported updates since the last meeting:</p> <p>Physical Activity: Barb Houpt reported for the Physical Activity workgroup. In order to avoid confusion between the Physical Activity Task Force and the Physical Activity workgroup, the workgroup has decided to change their name to Community Engagement. Planning for spring walking parties is underway. Cherrie is working on flyers. Viewing of the Walking Revolution film was very successful with about 50-60 attendees. The participants were very engaged and included a good mix of both physically active and non-active participants. Barb reported that Franklin County has agreed to help with the mapping guide. The workgroup is working on plans for visiting physician offices to encourage promotion of physical activity to patients. They are developing talking points and plan on piloting a few offices. The next meeting will be March 29 at 9:00 a.m. The workgroup will be reviewing walking routes and will discuss the idea of the walk/bike extravaganza.</p> <p>Employer: No updates were available for the Employer workgroup. Nickie Fickel reported that she will be updating the Health Franklin County website with <u>Physical Activity in the Workplace – A Guide for Employers</u>.</p> <p>Built Environment: Shannon reported on updates submitted by Elizabeth Grant. The workgroup has completed all meetings with municipalities regarding trail connectivity and is working on consolidating all information onto one map. A draft of the final map will be completed by the end of May. The group is also discussing the possibility of holding a bike month.</p>	<p>Nickie will update HFC website</p> <p>Draft map completed by end of May</p>
Future Discussion	The task force discussed the continued need to have more participation on the task force and the workgroups. Shannon has spoken with CFAR regarding possible participation and is looking into other groups that may be interested in participating.	
Future Events	Shannon announced that Waynesboro YMCA Healthy Kids Day will be May 6. Chambersburg YMCA Healthy Kids Day will be April 30.	
Future Meetings	Ann Spottswood suggested that an additional meeting be scheduled in April. The Committee was in agreement. The next meeting will be held on April 18, 2017 at the Rec Center from 3:00-4:30.	