

United Way of Franklin County ECP Minutes

Date: 5/21/2018

Time: 11am

Location: United Way Office, 182 South Second Street, Chambersburg, PA 17201

In Attendance: Leslie Fick, Jenn Hawbecker, Diana Martes, Carol McNamee, Noel Purdy.

Staff & Guests: Amy Hicks, Cheri Kearney, Lisa Snyder, Rachel Clark, Dr. Muhammad M. Jawaid, Nikki Hollimon

Action Item	Discussion/Notes	Action	Who
Call To Order	Amy Hicks at 11 A.M		
Meeting Topic: <i>Breathing Issues in Young Children</i>	Amy introduced Dr. Muhammad M. Jawaid <ul style="list-style-type: none"> • Breathing issues in children cause the breathing rate to increase, heart rate will also increase and the lips will change colors. • The child could also experience nasal flaring and sweating. • One of the most common signs of respiratory distress is fatigue and grunting. The grunting is due to lower respiratory issues • Causes of Respiratory Distress <ul style="list-style-type: none"> ○ Asthma ○ Infections ○ Fungal ○ Bacteria ○ Viruses • Viruses are 90% of the cause of respiratory distress • Any time a child shows respiratory distress seek emergency care as soon as possible, meanwhile here is some things you can do <ul style="list-style-type: none"> ○ Have them sit up not laying down ○ Warm compress would help with congestion ○ Provide a lot of hydration ○ Also provide comfort • Exacerbation of Asthma <ul style="list-style-type: none"> ○ Cold temperatures ○ Animal fur/dander ○ Pollen ○ Mold ○ Perfume ○ Smoking ○ Secondhand smoke • 4-6 years old is the age when most children are diagnosed with asthma, although some doctors like to wait until they are 6-8 years of age for diagnosis. 		

	<ul style="list-style-type: none"> When asthma symptoms show, it would help to use a humidifier <p><u>Choking</u></p> <ul style="list-style-type: none"> Partial Obstruction- Child can talk, let them cough to dislodge the obstruction Total Obstruction- Child cannot talk, use the maneuvers to clear the airways. <ul style="list-style-type: none"> Lyme’s Disease can display as a breathing issue. <p><u>All childcare providers should have an EpiPen if the child has one prescribed</u></p>		
Announcements	Summit Asthma Camp – July 26 th all day Registration is open until July 4 th		
Minutes submitted by: Rachel Clark	Next Meeting: Sept 17th Topic: Round Table Sharing Priorities Speaker:	United Way of Franklin County 182 South Second Street Chambersburg PA 17201	