

## Behavioral Health Task Force Meeting

Wednesday, September 18 at 3 pm  
Keystone Behavioral Health

### MINUTES

In attendance: Kelly Goshen, Kristen Fisher, Rebecca Troutman, Noel Purdy

Absent: Shelly Schwartz, Christy Unger, Kathy Beidle, Lori Young, Cori Seilhamer, Dawn Goshorn, Victoria Craig, Brian Gannon, Kourtney Griggs, Sheri Morgan

Welcome/ Introductions: Kelly Goshen welcomed everyone.

The group reviewed the Behavioral Health Task Force year one Community Health Improvement Plan (CHIP) implementation plan (see attached for review).

Suggestions/edits/comments regarding the plan:

- The group discussed strategy 4.1.1.2: Increase access to mental health providers by reducing patient waiting lists
  - Proposed activity: Survey providers to determine 7 day and 30 day wait lists; determine baseline (MA population).
  - Performance measures: reduce ER visits of outpatient BH patients and reduce in-patient re-admissions – The group discussed how to get the most comprehensive data for the MA population – it was suggested that Pyramid and Franklin County Government would have the data. The hospital may have the data too. **Noel will and Kelly will research.**
- The group discussed strategy 4.1.1.4: Partner with school districts, community colleges and universities to strengthen career pathways for students interested in becoming mental health professionals
  - Proposed activity: develop and distribute educational materials regarding mental health profession to high schools colleges and universities.
  - Performance measure: develop list of occupations and required credentials and promote it (on website). The task force completed a survey and reviewed the results over the summer. The group needs to take the data and created a resource/outreach materials. **Noel will send the results to Rebecca, Kristen and Kelly to work on.**
- The group discussed adding a new activity under strategy 4.2.1.2: increase awareness of suicide prevention resources and interventions; add “research and create Out of Darkness walk plan”
- The group discussed strategy 4.2.2.1: increase protective factors that build resiliency in youth
  - Proposed activity: provide evidence-based, Strengthening Families program to families with youth age 10-14 in Franklin County.
  - Performance measures: Christy sent Noel the SF outcomes report and there were a lot of possible outcome measures to report; **Noel will review the report and refine the list on the plan.**
- The group discussed adding a new strategy 4.3.1.3: Increase access to new treatment options for depression.
  - Proposed activity: provide ketamine and transcranial magnetic stimulation treatment options
  - Performance measures: # patients prescribed ketamine; # patients prescribed TMS

Other updates:

- As part of Suicide Prevention Awareness campaign activities, Chambersburg Cares created a window cling with the national text crisis line on it with the message “You’re Worth It” and distributed it throughout CASHs. Healthy Franklin County and WellSpan decided to take the concept and add the Keystone Health Crisis Line along with the national crisis text line and distribute them in the other high schools in Franklin County. To date, Greencastle, Shippensburg, Fannett-Metal and Waynesboro agreed to hang the clings on the mirrors in the restrooms. Noel hadn’t received a response from James Buchanan yet; Rebecca recommended she reach out to Lynn Troutman, a counselor there. The group also discussed creating an outreach strategy for the clings. Keystone Health will consider putting them in the restrooms in their facilities (which was approved). Noel will ask about distribution in WellSpan Summit facilities. Rebecca, Kelly and Kristen took some for their respective workplaces (PA Counseling, Keystone Behavioral Health and Family Care Services). Noel will work on a distribution plan.
- Noel has not followed up with Sheri on the mental health resources map. Sheri gave an update to the group in July and it was decided that some of the data would be scaled back and it needed to be updated.