



Mental Health Task Force Meeting  
Wednesday, November 21, 2018 at 3pm  
Keystone Behavioral Health

MINUTES

In attendance: Brian Gannon, Kathy Beidle, Kelly Goshen, Victoria Craig, Noel Purdy.

Absent: Ann Spotswood, Kristen Fisher, Mike Grier, Dawn Goshorn, Christy Unger, Lori Young, Cori Seilhamer, Rebecca Troutman.

Welcome/Introductions: Kelly Goshen welcomed everyone and introduced Brian Gannon as it was his first meeting since the task force regrouped.

Minutes: The group reviewed and approved the October minutes as presented.

Mental Health Task Force Action Plan Updates :

- The group reviewed the spreadsheet that Lori provided for the mental health providers, understanding that work was still being and that the 3.1.2 work group would be reviewing it next week as well. The group suggested adding a column for to designate the type of services offered, to added “school-based/adolescent services” as an option to type of services and to identify the provider rather than the provider and its respective counselors / therapists by name unless the provider is a sole proprietor and their name is in the name of their business. The group also reviewed the PerformCare directory for Franklin County and it was noted that the current list is being reviewed against 2-1-1 data as well. It was also suggested that we reach out to the overdose task force to cross-reference their provider list with this one.
- Kelly shared the PHQ2 data from Keystone for the last two fiscal years and a YTD report. Noel will input the data in the scorecard. Noel reported that SPS is working on pulling the reports for the same data as well.
- The group reviewed the dates provided by Cori for a mental health first aid workshop in May. It looks like May 14, 15, 16, 22 and 23 would work best so as to not conflict with the MHA Annual Wellness Conference, Art Show or Mental Health Walk. The group suggested 2, half day workshops (morning preferred). Kelly offered the Keystone Behavioral Health training room, which has capacity for 70 people. Everyone will look at their calendars again for conflicts for those dates; Noel will circle back with Cori.
- Victoria shared that she thought the MHA Wellness Conference date would be May 3<sup>rd</sup>, the Art Show May 17<sup>th</sup> and the Walk the Walk on May 24. She will confirm.



- Noel gave an update on the mental health careers / pathway inventory and survey development. The group reviewed the careers listed to date and suggested adding Licensed Clinical Social Worker, Mental Health Professional, Mental Health Worker, Certified Peer Specialist, Family Therapist, Behavior Technician, Counselor, Counselors Assistant, TSS. It was also suggested that the specific degrees required for each be added in the education field, a column for years of experience required and a column for “high priority occupation”. Noel will work on designing a survey that will be sent to local hiring managers in the mental health sector.
- The group reviewed the evidence-informed/based programs that Cori sent out. Brian Gannon suggested adding PCIT (Parent Child Interaction Therapy). Noel will send to the group for more feedback.

#### Work Group Reports

- 3.1.2 Data: The work group meets next week and is working to reconcile all of the various provider lists and to refine the categories and content to be included.
- Depression/Adolescent Depression: Victoria said that she and Kristen are looking for a direction and are rebuilding. They have not scheduled a meeting to convene a larger stakeholder group. Victoria said that they want to make sure that they understand what is happening with all of the groups and in the schools. Noel shared that there are a lot of conversations happening with different stakeholders and the mental health task force is a place to share information and communicate so we can leverage everyone’s resources. Noel said that Christy Unger from HCP would like to be involved with the new work group; she is connected with a lot of programs in all the schools Countywide and can provide insight.
- Suicide Prevention Coalition: The coalition is working on the annual suicide prevention awareness campaign. Noel and Shelly had a meeting with a prospective facilitator about zero suicide; the coalition is considering hosting a workshop with providers to educate them about zero suicide.

#### Other

- Kelly noted that the Key Informant activities from the 2015 CHNA had revealed that eating disorders were an issue but it didn’t come up in the discussions in the recent activities as part of the 2018 CHNA. Kelly said that has mental health providers they do treat eating disorders and they are still an issue. Noel noted that the CHNA data collection process has just begun the leadership group will prioritize health needs identified as part of that process.
- Brian Gannon asked that we add Kourtney Griggs as a PerformCare representative to the mental health task force.
- Noel shared that she and Nickie met with Cathy Dusman to talk about a variety of projects that we are working on together including learning more about their trauma



informed services and efforts to train staff system-wide on what trauma is and how to address it (after we were asked by a principal to provide training to his staff). We found out that administrators had attended a training about trauma but that there is not currently a plan to provide more training district-wide. Nickie is evaluating how we can responsive to the principals' request for staff training and aligning the effort with existing campaigns in order to leverage resources; she is considering building it into an existing child abuse awareness campaign.

**Meeting dates:**

Mental Health Task Force – 3<sup>rd</sup> Wednesday of the month at 3pm at the Keystone Behavioral Health.

Suicide Prevention Coalition – 3<sup>rd</sup> Monday of the month at 2:30pm at the Mental Health Association.

Depression/Adolescent Depression Work Group – TBD

Priority 3.1.2 Work group – 4<sup>th</sup> Tuesday of each month at 3:30pm at Mental Health Association.