

Healthy Franklin County Leadership Meeting

January 21st, 2019 • 12:00—2:00 p.m.

SHIC Conference Room 2

Members Present: Pepper Carbaugh, Carla Christian, Joanne Cochran, Janet Daniels, Denise Esser, Nickie Fickel, Kelly Goshen, Amy Hicks, Karen Johnston, Todd Kline, Pat McCulloh, Daphne Murray, Heather Myers, Claudia Peet, Noel Purdy, Jose Ricardo, Barb Rossini, Shelly Schwartz, Annette Searfoss, Ann Spottswood, Sam Thrush, Marvin Worthy

Members Absent: Kristin Carroll, Jan Collier, Carrie Gray, Mike Ross, Melanie Furlong, Brandi Glenn-Myers, Rochelle Plummer, Lori Young, Stacie Horvath, Robin Harmon, Megan Shreve

Guests: Melissa Gross

Topic	Discussion	Action
Welcome	Noel welcomed the group.	
Approval of Minutes	Motion for approval of the Nov. 19, 2018 minutes by Joann, seconded by Marvin. All were in favor.	Minutes approved
CHNA Updates	<p>Telephone Survey & Outreach: Phone calls will begin during the last week of January. A press release will be sent out this week to all media in Franklin county. Radio advertisements will begin on Jan. 24th and will last for four weeks. The ads will air on all radio stations, reaching all demographics. A post card was sent out the first week of January to 26,000 households in Franklin County. Franklin and Marshall will also be sending out a mail piece about the survey. 500 surveys need completed and the goal is to have representation across the board demographically. The phone number will show up as Franklin and Marshall or as the actual phone number.</p> <p>Focus Groups: The Community Services team has been conducting focus groups with CASD AND WASD guidance counselors. Mental Health appeared to be the biggest issue. According to the guidance counselors, the biggest change has been case management's shifting focus from providing guidance to mental health concerns. Food insecurity, homelessness, sexual abuse, and transportation were other mentioned issues. They have been realigning resources and had to make cases that more resources are required to assist both them and students. Both school districts appear to be on board to hire more staff. Not all insurances are accepted; If its school based, insurance won't take it but they can see them in the office. Parenting classes were discussed as potentially being beneficial. Community Services is also looking to hold a focus group with Spanish-speaking families. The goal is to have it completed by Feb. 1st. Jose has taken charge of this and will write a report. Jose will verify that the questions for the focus group will reflect those in the survey. All focus groups should be done and written up by the end of February. The committee will wait until after reviewing preliminary data to discuss employer focus groups. Berwood suggested an aging focus group due to an interesting pattern with the baby boomers population. In aging, people are finding themselves in bankruptcy or poverty when they thought they were financially secured in their planning process. Medical costs play a huge role. Shelly voiced that he would like to be involved in this focus group if possible. Sam shared that Valley Community Housing Corp will place a facility for independent living near Stevens Elementary School. Veterans surveys</p>	

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CHIP/Task Force Updates	<p>are also continuously being collected and evaluated. Annette suggested a focus group for families consisting of children from prenatal stages through age five. Ann and Noel will discuss this idea more with Berwood.</p> <p>Public Release Event-June 5th: The Public Release Event for the CHNA will be held on June 5th at the Antrim Brethren in Christ Church in Chambersburg. Planning has begun and more information will be provided. Save-the-dates will be sent out soon.</p> <p>Other: The Community Services team will be responsible for writing the majority of the CHNA. They have begun drafting and will work on outcomes and impacts from efforts over the last three years, as well as how to tell a story in the narrative. Public Relations will be assisting in creating the CHNA and CHIP.</p> <p>Access to Care: Joann and Daphne reported updates to the committee. They have updated and added goals for the task force and are developing a psychiatric nurse practitioner program with Wilson college. They are looking at implementing the community health worker program to support Keystone’s professional staff. The task force has also been working with rabbit transit and is forming a sub-committee to focus on transportation. Keystone will work with Head Start to have a case manager help mothers with the transition process after giving birth.</p> <p>Nutrition Task Force: Karen and Nickie reported updates to the committee. A Community Garden Workshop will be held on Feb. 2nd to encourage interest in gardening on different levels and provide resources. A Nutrition Block Party was held at The Towers; Community Services plans to do a modified Get Fit Now class there and also incorporating The Gleaning Project. They are looking at dates for Interfaith Housing and have also put the GIS Map in story map format. This will be reviewed and standardized points will be made for SNAP benefits.</p> <p>Physical Activity: Heather and Sam reported updates to the committee. The task group is working to figure out the feasibility of a bike share program in Franklin County (currently looking at the Borough of Chambersburg). This would require the organization to carry liability insurance, however they haven’t found one yet. Sam and the Community Services team went to the South Mountain Trails Workshop at Shippensburg University. One presentation at the workshop covered Zagster, an app-based bike share program, that has gained popularity in Lancaster, York, and Hershey Medical Center among other places. Zagster offers a two-stations for two-year contract for \$40,000. This would allow the task force to pull data from both stations by conducting</p>	

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	<p>a feasibility study to validate where people are using the bikes. The program is “pay as you go” by entering credit card information. Many don’t have access to credit card, so Zagster is currently working on a card that people can load money onto. There is also a built-in data collection in the app. The task force hopes to have a document drafted by June 30th to provide to Zagster. A discussion was held as to whether the contract should be strategically station based or made so the bikes can be dropped off anywhere. There is also the possibility of buying bikes for the community instead. This will be discussed more at the next Build Environment Work Group meeting. The task force is looking to implement an Open Streets Event over the summer, where they would close down a portion of the street to encourage physical activities and educate street safety. The assets map is currently being updated.</p> <p><u>Mental Health:</u> Kelly reported updates to the committee. They are currently informing local colleges about the degrees required for BH positions available in the community. Mental Health First Aid Training will be provided by PA Counseling on May 22nd and 23rd. Work groups- The Data Work Group meets on the 22nd. The Adolescent Depression Group is reforming and looking for new members. The Suicide Prevention Coalition is continuing QPR training. Suicide prevention month-Sept activities underway. The task force is connecting with the Women’s Farm Bureau Group regarding mental health discussions. Community Film Night will take place on Feb. 7th at the Capitol Theater. A discussion was held about the Opioid Stewardship Task Force regarding the ordering of prescriptions by providers. Identified guidelines now make prescription ordering more defined. Hospitalists now access patient history before discharging them and have not been giving them more prescriptions if they still have some left from previous prescriptions. There is more awareness compared to last year regarding how ordering is done by doctors. The amount of prescriptions ordered has decreased overall. The number of opioid deaths has slightly decreased since last year in Franklin County, according to Matt Fogal at the last Overdose Task Force meeting.</p> <p><u>Hope from the Start:</u> Annette reported updates to the committee. The task force is currently working on infrastructure by adding six work groups while also working on their action plan. They have been bringing in experts to review their options moving forward in order to address issues. She discussed Systems of Care with the committee. Brandi Fox gave a presentation to the task force about Project Launch, which focuses on linking unmet needs for children’s health in elementary schools. While investigating the Systems of Care funding opportunity, the county submitted a letter of interest in January. If approved, a coordinator would be hired to systematically review all services county wide to provide resources. The task force has a goal of opening two family centers; they are making headway in Waynesboro with the help of Tod Kline and Commissioner Bob Thomas. Bob like to change Golds</p>	

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Racial Reconciliation Presentation	<p>Gym in the South Gate Shopping Center to a family center.</p> <p>Marvin Worthy is involved in the local group, Racial Reconciliation, which works to address racism in Franklin County. The group focuses on eliminating the injustices in the community and make it better as a whole. Marvin discussed his life’s work of helping young people move to the next step in their lives and building their resilience in the community while making sure they know their self-worth. The Events Committee in the group will host a two-part event on Feb. 10th and Feb. 24th entitled “Forward Together”. Participants will listen to a panel of local citizens about their experiences with racism in the first part of the event, and then discuss their thoughts while planning next steps in the second part. The group is creating a database to identify the passion of possible applicants and then plug them into the community as active members. A Civility Response Team will bring together a group of individuals from healthcare providers to borough police for the opportunity to respond to urgent needs in the community.</p>	
Meeting Adjournment	Meeting adjourned at 2:07 p.m.	
Meeting Dates	<p>February 18, 2019 – 12:00 p.m.-2:00 p.m. (Presidents Day)</p> <p>March 18, 2019 – 12:00 p.m.-2:00 p.m.</p> <p>April 15, 2019-12:00 p.m.-2:00 p.m.</p> <p>SAVE THE DATE for CHNA Public Release Event on June 5th, 2019</p>	