

Healthy Franklin County Leadership

Nutrition Task Force

Wednesday, July 11, 2018 at 1:30 PM-3:00 PM

Sentry Building Board Room

Members: **(Bold were present at meeting)** Cindy Ash, **James Bailes**, Lenelle Bear, Kristi Benbow, Tiffany Bloyer, Cressa Coldsmith, Kari Coleman, Rayna Cooper, Heather Diehl, Julia Emig, Rev. Peter Emig, Denise Esser, Jay Eury, **Nickie Fickel**, Cindy Fink, Maryann Gaulding, Sarah Glunz, Elizabeth Grant, Sarah Hamel, Audrey Hess, Barb Houpt, Karen Johnston, Jack Jones, Kathi Jones, Geof Lambert, Julia Lehman, Jan Lewis, Heidi Lucas, Diana Marthouse, Chris Mayer, Josh Mosley, Steve Nevada, Nicole Nicholson, Tanya Nitterhouse, Sonja Payne, **Noel Purdy**, Ben Raber, Jon Raber, Heather Rosenberry, Barbara Rossini, Donna Scherer, Steven Schmidt, Jeanne Shultz, Sheryl Snider, Ann Spottswood, Judy Stenger, Tom Stenger, Isabel Stennett, Kiana Taylor, Christy Unger, Stephanie Unger, Cathy Wallick, Peggy Wing, Lori Young, **Abby McElhiney**, Dr. Elizabeth George, Marina Hertzog, Krista Daniels, Danielle Wagner.

| Topic | Discussion | Action |
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| Welcome/ Member Updates | <p>Nickie welcomed the members and those present gave member updates:</p> <ul style="list-style-type: none">• Nickie reported that the Get Fit Now classes are starting in July in both Waynesboro and Chambersburg; lunch time and evening classes. Get Fit Now classes are held once a week for five weeks and anyone can join. A Prevent T2 class started in June at the Brethren in Christ Church in Greencastle; this is a year-long program for eligible pre-diabetics. Both Get Fit Now and Prevent T2 programs are FREE.• James reported that SCCAP had a WIC stand at the North Square Farmers Market and served 50 families; the timing of the year and heat combined made for a lower turn out than the previous year. They plan to attend the new market in Waynesboro. Their target is kids 1 to 5 years of age; each eligible child receives a \$20 voucher to purchase fresh fruits and vegetables. There are 4000 participants; 1/3 are families.• Abby reported on the new pilot program between Summit Health Weight Management and the Gleaning program; fresh produce will be given to 10 eligible patients for 10-12 weeks. The program started July 12. Abby also said that peak season is here and more gleans will be happening on a regular basis.• Noel reported that she has been collecting program data for year-two of the CHIP and working with the taskforces to update the year-three CHIP action plans. | |
| Work Group Updates | <p>Garden Workgroup – Noel Purdy reported that the community garden and food insecurity group had a joint meeting and reviewed their respective action plans/strategies and made recommendations to update the Nutrition Task Force CHIP year three action plan; reference meeting minutes for details. The proposals will be reviewed by the NTF</p> | |

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| | <p>in the current meeting.</p> <p>Food Insecurity Workgroup – Noel reported that the food insecurity map is being updated. Noel, Nickie and Abby met with the Franklin County Housing Authority to discuss piloting the distribution of gleaned produce at the FCHA. The meeting went well and they will start in the beginning of August. An evaluation tool was discussed; Abby will send Noel and Nickie a copy of the tool/survey that SCCAP uses for the Food Stand. It can be modified for the FCHA pilot.</p> | |
| Action Plan/Scorecard Update | <p>Noel shared a copy of the year-two scorecard data, as well as a draft of new activities to include in the year-three CHIP plan that were discussed at a joint work groups meeting. The NTF committee reviewed the strategies and made recommendations for inclusion and deletion – (see below):</p> <ul style="list-style-type: none"> • INCLUDE: Choose to Lose program at Waynesboro YMCA • INCLUDE: Healthy Eating Adventure program • INCLUDE: Boys & Girls Club about Triple Play • INCLUDE: Nickie and Karen will maintain existing connections with T ASD & CASD wellness committees; Denise will inquire about WASD wellness committee • INCLUDE: Plan 3 Nutrition Block Parties for next year: Shippensburg Resource Coalition, the Towers and WCHS • DELETE: Add new activity of exploring feasibility of Snoke’s property re-use for education/micro-enterprise • DELETE: Garden of Success • INCLUDE: Update mobile market activity to support expansion of gleaning project produce into Franklin County Housing Authority • INCLUDE: Add new activity promote WIC voucher program and senior vouchers • INCLUDE: Add new activity promote local farmers markets • INCLUDE: Add new activity support expansion of NSFM and Waynesboro farmers market • INCLUDE: Support back pack program by promoting awareness and best practices within providers network • INCLUDE: Continue to support Network Ministries garden & provide technical assistance as needed • INCLUDE: Assess feasibility of Stevens Elementary program • INCLUDE: Explore feasibility of farm-to-school program at CASD & T ASD • INCLUDE: Evaluation Stevens After School program and modify format as needed • INCLUDE: Feasibility of Chambersburg Hospital community | |

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| | garden, serving local food in cafeteria <ul style="list-style-type: none"> • INCLUDE: Assess mobile food market concept with larger scale employers including Summit Health | |
| Follow UP Tasks | To get the ball rolling on the Nutrition Block Parties planning: <ul style="list-style-type: none"> • Nickie will contact/schedule the Towers • Noel will contact Danelle at Shippensburg Resource Coalition • Noel will reach out to Denise at Waynesboro Human Resources The group suggested scheduling these events to align with produce availability from the Gleaning Project-which is through November. | NF & NP |
| Next Meeting (s) | Garden Workgroup: Wednesday, August 8, 2018, 1:30-2:30 PM, Sentry Building, 785 5 th Avenue, 1 st Floor Board Room Food Insecurity Workgroup: Wednesday, August 8, 2018, 2:30-3:30 PM, Sentry Building, 785 5 th Avenue, 1 st Floor Board Room Nutrition Task Force (Full meeting): Wednesday, September 12th, 2018, 1:30-3:00 PM, Sentry Building, 785 5 th Avenue, 1 st Floor Board Room | |