

# Healthy Franklin County Leadership Meeting

Monday, January 23, 2017 • 12:00—2:00 p.m.

SHIC Conference Room 2

Members Present: Pepper Carbaugh, Joann Cochran, Jan Collier, Denise Esser, Nickie Fickel, Carrie Gray, Robin Harmon, Joe Jacobs, Karen Johnston, Shannon Lee, Gladys Leon, Pat McCulloh, Daphne Murray, Nicole Nicholson, Claudia Peet, Barb Rossini, Shelly Schwartz, Megan Shreve, Ann Spottswood, Lori Young

Members Absent: Carla Christian, Manny Diaz, Melanie Furlong, Angel Garcia, Amy Hicks, David Hoffman, Jack Jones, Elena Kehoe, Jose Ricardo, Mike Ross, Kenny Wuertenberg

Topic	Discussion	Action
Welcome & Introductions	Ann Spottswood welcomed the committee and asked for approval of the minutes from October 2016. All were in approval. The members introduced themselves.	
National & State Health Improvement Updates	Ann distributed the Healthy People 2020 Midcourse Progress for Leading Health Indicators handout and explained that it is to provide a snapshot as a nation and a state of the status of the leading health indicators. She briefly reviewed the statistics on suicide and social determinants. She asked the committee members to share with their respective organizations.	
Summary of Franklin County Trail Connectivity Workshop	Ann introduced Elizabeth Grant and Sam Thrush, planners with Franklin County Planning. Elizabeth and Sam presented the findings of a recent trail connectivity workshop that was held on December 6, 2016 with representatives from Southhampton Township, Greene Township, Chambersburg Borough, the Mercersburg area, and the Southeast area. The purpose of the workshop was to discuss current and future trail systems throughout the county and their connectivity. They shared maps of the different geographic areas showing current trails, possible future trails, and areas of connectivity. The next step will be to connect with townships/areas that were not able to attend the workshop and collect their information. Once all information has been obtained, they will combine it into one map. Elizabeth and Sam asked that the committee share any ideas they have regarding connectivity. They also reported that a long range transportation plan update will take place soon.	
Healthy Franklin County Structure	Ann presented the committee members with a Healthy Franklin County Structure Agreement and asked them to have the document signed by the appropriate department representatives of each organization and/or personal signature. The agreement is a standard operating process for collaborative impact. Members are to return the agreements to Cheryl Selman. Cheryl will scan the agreement and return a copy to the member.	Members to sign agreement and forward to Cheryl Selman. Cheryl will scan and return copy to member.
Task Force Reports on Year One Action Plan	<p><b>Nutrition:</b> Karen Johnston reported for the Nutrition Task Force. The Nutrition Task Force is focusing on two priority goals for Year One:</p> <ul style="list-style-type: none"> <li>• Decreasing the percentage of Franklin County children, adolescents, and adults who meet the criteria for overweight and obese;</li> <li>• Increasing the variety and contribution of vegetables to the diets of the population aged 2 years and older.</li> </ul> <p>Highlights for the year include forming a Garden workgroup to identify existing gardens and gaps in the community. A survey has been distributed to help determine the needs of new gardens. The group will then determine the next steps based on survey results.</p> <p>A Food Insecurity workgroup has also been formed to target areas lacking adequate food supply, identify available resources, and gaps. The plan is finalized and the group will begin mapping.</p>	

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	They are also considering adding an education and policy workgroup in the future, and will be focusing on the Waynesboro school district for year 2 mapping.	
	<p><b>Mental Health:</b> Lori Young reported for the Mental Health Taskforce. The Mental Health Taskforce has formed 3 workgroups – Suicide, Access and Mapping, and Community Outreach. All workgroups have met and will meet on a monthly basis. The task force will meet quarterly. The first quarterly report is due in April. Plans are to host a certified peer specialist training to work with youth and young adults. They are also working on mental health in schools such as student assistance programs and counselors in school.</p> <p>The taskforce has also held discussions regarding the Blue Zone concept – a study that looks at communities where people live longer, and the attributes of life in those areas such as good health, healthy eating, family oriented, community spirit, and physical activity. Ann Spottswood asked Claudia Peet to prepare an introductory piece regarding Blue Zones for the Committee. Claudia provided the following link: <a href="http://www.bluezones.com/">http://www.bluezones.com/</a>, as well as the attached pdf document.</p>	Claudia Peet will email committee info on Blue Zones
	<p><b>Access to Care:</b> Joann Cochran reported for the Access to Care Taskforce. The Access to Care taskforce has identified 4 goals for Year One:</p> <ul style="list-style-type: none"> <li>• Improve access to primary care services for residents of Franklin County;</li> <li>• Increase the proportion of persons who receive appropriate evidence-based clinical preventive services;</li> <li>• Provide Outreach and Enrollment Opportunities to all eligible residents of Franklin County that do not have health insurance or access to a Sliding Fee Discount Program;</li> <li>• Provide the importance of providing public transportation to residents of Franklin County through existing resources or through working with the Franklin County Transportation Task Force.</li> </ul> <p>Joann reported they will hold an open meeting in February where health insurance enrollment for residents will be discussed. She also reported that she has been elected to be part of the Affordable Care Act committee that is researching alternatives to Obamacare.</p>	
	<p><b>Physical Activity:</b> Shannon Lee reported for the Physical Activity Taskforce. The Physical Activity Taskforce has formed 4 workgroups:</p> <ul style="list-style-type: none"> <li>• Physical Activity – working on creating a walking route booklet, similar to one in Adams County. The booklet would include maps with walking trails and related information. They are also working on developing relationships with medical providers to help promote physical activity.</li> <li>• Built Environment – working on an inventory of plans and ordinances and mapping.</li> <li>• Employer – distributed a survey to employers to identify what physical activity initiatives are currently in place. They are compiling a toolkit to provide to employers, discussing plans to form corporate rec leagues, and working on a walking challenge.</li> <li>• Community Resources – this workgroup has merged with the Built Environment workgroup.</li> </ul>	

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	The taskforce is working on the walking series with SCCAP and is hoping to expand it to Waynesboro and eventually to other townships as well.	
Announcements & Updates from HFC Partners	<p>Ann discussed scorecard reporting for Healthy Franklin County. She asked for input regarding the benefit of reporting, level of accountability, and ideas for years two and three. After discussion, it was decided that the task force leaders would meet to further discuss scorecards.</p> <p><b>Partner Updates:</b></p> <ul style="list-style-type: none"> <li>• <b>Summit</b> - is partnering with the Herald Mail for a Heart Health Expo at CAMS North (middle school). The 34<sup>th</sup> annual Waynesboro Hospital Health Fair will take place on March 11 and offer free screenings.</li> <li>• <b>Practical Nursing Program</b> – has been approved at Career Tech. They are starting a capital campaign. The structure will start in a month and is projected to be completed in 2019. A fundraising dinner will be held on March 9.</li> <li>• <b>Gleaning Program</b> – has gleaned over 100,000 pounds of fresh produce. They are holding a movie night on February 16 featuring the Walking Revolution.</li> <li>• <b>Mental Health Association</b> – the Leadership Academy is opening on February 6 for all interested parties.</li> <li>• <b>Overdose Taskforce</b> – the structure for a strategic plan is in place. Focusing in prevention, recovery, and treatment.</li> <li>• <b>Go Girls Go</b> – program will begin in mid-February at Ben Chambers, Hamilton Heights, and CAMS South. They are looking for volunteers.</li> <li>• <b>HCP</b> – the second series of Strengthening Families 10-14 began January 24. Another program will take place in Waynesboro. School Engagement program is mentoring 16 children at CAMS North and South. They have received 118 referrals for re-engagement.</li> <li>• <b>Summit Community Services</b> – Ann Spottswood announced that Community Services will be hiring a Community Health Coordinator.</li> <li>• <b>Barb Rossini</b> is compiling a resource for volunteer opportunities in the community to distribute internally and publicly. She asked that any information be sent to Cheryl Selman.</li> <li>• <b>Shelly Schwartz</b> congratulated the Franklin County Commissioners for using part of the proceeds from the sale of Falling Spring Nursing Home to fund a nursing scholarship program.</li> </ul>	Ann to schedule meeting with task force leaders
Meeting Dates	<ul style="list-style-type: none"> <li>• April 17, 2017 – 12:00 p.m.</li> <li>• July 17, 2017 – 12:00 p.m.</li> <li>• October 16, 2017 – 12:00 p.m.</li> <li>• January 15, 2018 – 12:00 p.m.</li> </ul>	